

# Chronic Illnesses List

Chronic Illness	Definition
<b>Allergy/Anaphylaxis</b>	Allergy refers to the body's hypersensitive reaction to a substance, while anaphylaxis is a severe, potentially life-threatening allergic reaction.
<b>Asthma</b>	A chronic respiratory condition characterized by inflammation and narrowing of the airways, leading to breathing difficulties.
<b>ADHD</b>	Attention Deficit Hyperactivity Disorder is a neurodevelopmental disorder affecting attention, hyperactivity, and impulsivity.
<b>Atrial Fibrillation</b>	A heart condition characterized by irregular and often rapid heart rate.
<b>Amnesia</b>	Memory loss or impairment.
<b>Anemia</b>	A condition characterized by a deficiency of red blood cells or hemoglobin in the blood.
<b>Anklosing Spondylitis</b>	A type of arthritis affecting the spine and large joints.
<b>Aphasia</b>	Language disorder affecting the ability to communicate.
<b>Ataxias</b>	Neurological disorders affecting coordination and balance.
<b>Autism Spectrum Disorder</b>	Developmental disorder affecting social interaction, communication, and behavior.
<b>Autoimmune Disorders</b>	Conditions where the immune system attacks the body's own tissues, like lupus and Sjögren's syndrome.
<b>Blood Disorders</b>	Conditions affecting the blood, such as anemia, hemophilia, and sickle cell disease.
<b>Brain Injuries</b>	Damage to the brain, including stroke and transient ischemic attacks (TIAs).
<b>Bronchopulmonary Dysplasia</b>	Chronic lung disease affecting infants.
<b>Cancer</b>	Abnormal cell growth leading to the formation of tumors.
<b>Cerebral Palsy</b>	Neurological disorder affecting movement and muscle coordination.
<b>Crohn's Disease</b>	Inflammatory bowel disease causing inflammation of the digestive tract.
<b>Celiac Disease</b>	Autoimmune disorder triggered by gluten consumption.
<b>Connective Tissue Diseases</b>	Disorders affecting the body's connective tissues.
<b>Coronary Heart Disease</b>	Narrowing of the coronary arteries leading to reduced blood flow to the heart.
<b>Cystic Fibrosis</b>	Genetic disorder affecting the lungs and digestive system.
<b>Digestive Conditions</b>	Disorders affecting the digestive system, such as ulcers, reflux, and stomach issues.

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<b>Dyslexia or Dyspraxia</b>	Learning disorders affecting reading, writing, and coordination.
<b>Eating Disorders</b>	Conditions like anorexia and bulimia involving unhealthy eating behaviors.
<b>Eczema</b>	Skin condition characterized by inflammation and itching.
<b>Fibromyalgia</b>	Chronic pain condition affecting muscles and soft tissues.
<b>Gout</b>	Form of arthritis characterized by sudden and severe joint pain.
<b>Gynecological Problems</b>	Health issues related to the female reproductive system.
<b>Hemophilia</b>	Genetic disorder impairing blood clotting.
<b>Heart Failure</b>	Condition where the heart is unable to pump blood effectively.
<b>Learning Disabilities</b>	Conditions affecting learning and intellectual abilities.
<b>Lung Fibrosis</b>	Scarring of lung tissue leading to breathing difficulties.
<b>Lupus</b>	Autoimmune disease causing inflammation and damage to various body systems.
<b>Medically Unexplained Symptoms</b>	Physical symptoms without a clear medical cause.
<b>Motor Neurone Disease</b>	Neurological condition affecting motor neurons.
<b>Multisystem Autoimmune Diseases</b>	Autoimmune disorders affecting multiple body systems.
<b>Muscular Dystrophy</b>	Genetic disorders leading to muscle weakness and degeneration.
<b>Neuralgias</b>	Conditions causing severe pain along the nerves.
<b>Newborn Screening Programme Diseases</b>	Conditions screened for in newborns, such as thyroid disease and hearing loss.
<b>Obesity</b>	Excessive body weight leading to health issues.
<b>Obstructive Sleep Apnea</b>	Breathing disorder during sleep.
<b>Occupational Lung Disease</b>	Lung conditions caused by workplace exposures.
<b>Osteoporosis</b>	Condition characterized by weak and brittle bones.
<b>Personality Disorders</b>	Mental health conditions affecting behavior and thought patterns.
<b>Phobias</b>	Anxiety disorders involving irrational fears.
<b>Physical Disabilities</b>	Conditions affecting physical function and mobility.

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<b>Polycystic Ovary Disease</b>	Hormonal disorder affecting women's reproductive health.
<b>Progressive Supranuclear Palsy</b>	Rare neurological disorder affecting movement and cognition.
<b>Psoriasis</b>	Chronic skin condition causing red, scaly patches.
<b>Rare Diseases/ Genetic Disorders</b>	Conditions with a low prevalence or genetic origin.
<b>Sarcoidosis</b>	Inflammatory disease affecting multiple organs.
<b>Sensory Problems/Disabilities</b>	Conditions affecting hearing or vision.
<b>Sickle Cell Disease</b>	Inherited blood disorder affecting red blood cells.
<b>Skin Conditions</b>	Various chronic skin disorders.
<b>Sleep Disorders</b>	Conditions affecting sleep patterns.
<b>Speech Deficits</b>	Communication disorders affecting speech.
<b>Spina Bifida</b>	Neural tube defect affecting spinal cord development.
<b>Spinal Injuries</b>	Damage to the spinal cord leading to sensory and motor impairments.
<b>Stroke/Transient Ischaemic Attacks</b>	Brain damage due to interrupted blood flow.
<b>Tuberculosis</b>	Infectious disease affecting the lungs.
<b>Urinary Incontinence</b>	Involuntary loss of bladder control.
<b>Urticaria</b>	Skin condition characterized by hives or welts.

Additional Notes

## Reference

Taylor, S. J., Pinnock, H., Epiphaniou, E., Pearce, G., Parke, H. L., Schwappach, A., Purushotham, N., Jacob, S., Griffiths, C. J., Greenhalgh, T., & Sheikh, A. (2014, December). *List of long-term conditions*. National Center of Biotechnology Information; NIHR Journals Library. <https://www.ncbi.nlm.nih.gov/books/NBK263824/>