## **Chiropractic Treatment Plan**

Patient information	
Name:	Date of birth:
Gender:	Date of assessment:
Contact information:	
Medical history:	
Comprehensive assessment	
Presenting complaint(s):	
Lifestyle factors (e.g., occupation, activity level	l, stress):
Assessment methods used:	
☐ Physical examination	
☐ Orthopedic/neurological testing	
☐ Imaging (X-ray or MRI)	
☐ Range of motion assessment	
☐ Postural evaluation	
☐ Others specify:	
Findings and diagnosis:	
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Tailored treatment plan	
I. Primary goals:	
☐ Pain reduction	Prevent recurrence
☐ Improve mobility	Others specify:
☐ Restore function	
From:	То:
II. Short-term goals:	
<u> </u>	
From:	То:
III. Long-term goals:	
From:	То:
Expected frequency of visits: /week f	or weeks
Expected frequency of visits: /week f  IV. Techniques used:	or weeks
	or weeks  Soft tissue techniques
IV. Techniques used:	
IV. Techniques used:  Spinal adjustments	Soft tissue techniques
IV. Techniques used:  Spinal adjustments  Manual therapy  Therapeutic exercises	Soft tissue techniques Lifestyle modification
IV. Techniques used:  Spinal adjustments  Manual therapy	Soft tissue techniques Lifestyle modification
IV. Techniques used:  Spinal adjustments  Manual therapy Therapeutic exercises  Spinal adjustments	Soft tissue techniques Lifestyle modification
IV. Techniques used:  Spinal adjustments  Manual therapy Therapeutic exercises  Spinal adjustments  I. Areas of focus:	Soft tissue techniques Lifestyle modification Others specify:
IV. Techniques used:  Spinal adjustments  Manual therapy Therapeutic exercises  Spinal adjustments  I. Areas of focus: Cervical	Soft tissue techniques Lifestyle modification Others specify: Sacral/pelvic
IV. Techniques used:  Spinal adjustments  Manual therapy Therapeutic exercises  Spinal adjustments  I. Areas of focus: Cervical Thoracic Lumbar	Soft tissue techniques Lifestyle modification Others specify: Sacral/pelvic
IV. Techniques used:  Spinal adjustments  Manual therapy Therapeutic exercises  Spinal adjustments  I. Areas of focus: Cervical Thoracic Lumbar  II. Adjustment techniques:	Soft tissue techniques Lifestyle modification Others specify:  Sacral/pelvic Others specify:
IV. Techniques used:  Spinal adjustments  Manual therapy Therapeutic exercises  Spinal adjustments  I. Areas of focus: Cervical Thoracic Lumbar  II. Adjustment techniques: Diversified	Soft tissue techniques Lifestyle modification Others specify:  Sacral/pelvic Others specify:  Thompson drop
IV. Techniques used:  Spinal adjustments  Manual therapy Therapeutic exercises  Spinal adjustments  I. Areas of focus: Cervical Thoracic Lumbar  II. Adjustment techniques:	Soft tissue techniques Lifestyle modification Others specify:  Sacral/pelvic Others specify:

Additional notes
Healthcare professional information
Name:
License ID number:
Signature: