# Child Behavior Checklist For Ages 6-18 

| CHILD'S First FULL <br> NAME | Middle Last |  |
| :---: | :---: | :---: |
| CHILD'S GENDER $\square$ Boy Girl | CHILD'S AGE | CHILD'S ETHNIC GROUP OR RACE |
| TODAY'S DATE <br> Mo. $\qquad$ Day $\qquad$ |  | CHILD'S BIRTHDAY <br> Mo. $\qquad$ Day $\qquad$ Year $\qquad$ |
| GRADE IN <br> SCHOOL $\qquad$ <br> NOT <br> ATTENDING SCHOOL | Please fill out this form to reflect your view of the child's behavior even if other people might not agree. Feel free to print additional comments beside each item and in the space provided on page 2. Be sure to answer all items. |  |

PARENTS' USUAL TYPE OF WORK, even if not working now. (Please be specific - for example, auto technician, high school teacher, homemaker, laborer, lathe operator, shoe salesman, army sergeant.)

PARENT 1 (or FATHER) TYPE OF WORK
PARENT 2 (or MOTHER)
TYPE OF WORK $\qquad$
THIS FORM FILLED OUT BY: (print your full name)

Your Gender: $\square$ Man $\square$ Woman $\square$ Other (specify)
Your relation to the child (e.g., parent):
$\square$ Biological Parent $\square$ Step Parent $\quad \square$ Grandparent
$\square$ Adoptive Parent $\square$ Foster Parent $\quad \square$ Other (specify)
I. Please list the sports your child most likes to take part in. For example: swimming, baseball, skating, skateboarding, bike riding, fishing, etc.

II. Please list your child's favorite hobbies, activities, and games, other than sports. For example: video games, dolls, reading, piano, crafts, cars, computers, singing, etc. (Do not include listening to radio, TV, or other media.)

a.
b.

III. Please list any organizations, clubs, teams, or groups your child belongs to.

Compared to others of the same age, how much time do they spend in each?

| Less <br> Than | More <br> Than <br> Average | Don't <br> Know | Below <br> Average | Average <br> Average | $\square$ <br> Average | Don't |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |  |  |

Compared to others of the same age, how much time do they spend in each?

| Less <br> Active | Mverage | More <br> Active | Don't <br> Know |
| :--- | :--- | :--- | :--- |
| $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ |

IV. Please list any jobs or chores your child has. For example: doing dishes, babysitting, making bed, working in a store, etc. (Include both paid and unpaid jobs and chores.)


Compared to others of the same age, how well do they carry them out?

| Below <br> Average | Above <br> Average | Don't <br> Average |  |
| :--- | :---: | :---: | :---: |
| $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ |

Please be sure you answered all items. Then see other side.

[^0]V. 1. About how many close friends does your child have? (Do not include brothers \& sisters)

2. About how many times a week does your child do things with any friends outside of regular school hours? (Do not include brothers \& sisters) $\quad \square$ Less than $1 \quad \square 1$ or $2 \quad \square 3$ or more
VI. Compared to others of their age, how well does your child:

|  | Worse | Average | Better |
| :--- | :--- | :--- | :--- |
| a. Get along with brothers \& sisters? | $\square$ | $\square$ | $\square$ |
| b. Get along with other kids? | $\square$ | $\square$ | $\square$ |
| c. Behave with parents? | $\square$ | $\square$ | $\square$ |
| d. Play and work alone? | $\square$ | $\square$ | $\square$ |

d. Play and work alone?

Does not attend school because
VII. 1. Performance in academic subjects.

Other academics
subjects-for example: computer courses, foreign language, business. Do not include gym, shop, driver's ed., or other nonacademic subjects.

Check a box for each subject that child takes
a. Reading, English, or Language Arts
b. History or Social Studies
c. Arithmetic or Math
d. Science
e.
$\qquad$
g. $\qquad$
2. Does your child receive special education or remedial services or attend a special class or special school?

4. Has your child had any academic or other problems in school? $\square$ No Below
Average Failing


Average


When did these problems start?
Have these problems ended?

$\square$ Yes - when?

Does your child have any illness or disability (either physical or mental)?
$\square$ No $\quad \square$ Yes - please describe:

What concerns you most about your child?

Please describe the best things about your child.

Please be sure you answered all items.

Below is a list of items that describe children and youths．For each item that describes your child now or within the past 6 months，please circle the 2 if the item is very true or often true of your child．Circle the $\mathbf{1}$ if the item is somewhat or sometimes true of your child．If the item is not true of your child，circle $\boldsymbol{O}$ ．Please answer all items as well as you can，even if some do not seem to apply to your child．
$\bigcirc 0 \bigcirc 1 \bigcirc 2$ 1．Acts too young for their age
$00 \bigcirc 1 \bigcirc 2$ 2．Drinks alcohol without parents＇approval （describe）：
$\mathrm{O}_{0} \mathrm{O}_{1} \mathrm{O}_{2}$
3．Argues a lot
○ 0 ○ $1 \bigcirc 2$
4．Fails to finish things they start
OoO $1 \mathrm{O}_{2}$
5．There is very little they enjoy
○ 0 ○ 1 ○ 2
6．Bowel movements outside toilet
OoO 10
7．Bragging，boasting
$\bigcirc 0 \bigcirc 1 \bigcirc 2$
8．Can＇t concentrate，can＇t pay attention for long
○0〇1〇2 9．Can＇t get mind off certain thoughts； obsessions（describe）：
$\mathrm{O}_{0} \mathrm{O}_{1} \mathrm{O}_{2}$
10．Can＇t sit still，restless，or hyperactive
Oo © $1 \mathrm{O}_{2}$
11．Clings to adults or too dependent
$\bigcirc 0 \bigcirc 1 \bigcirc 2$
12．Complains of loneliness
OoO 1 © 2
13．Confused or seems to be in a fog
$\bigcirc 0 \bigcirc 1 \bigcirc 2$
14．Cries a lot
OoO $10_{2}$
15．Cruel to animals
Oo © $1 \mathrm{O}_{2}$
16．Cruelty，bullying，or meanness to others
Oo © $1 \mathrm{O}_{2}$
17．Daydreams or gets lost in thoughts
Oo $01 \mathrm{O}_{2}$
18．Deliberately harms self or attempts suicide
O0O1O2
19．Demands a lot of attention
$\bigcirc 0 \bigcirc 1 \bigcirc 2$
20．Destroys own things
$\bigcirc 0 \bigcirc 1 \bigcirc 2$
21．Destroys things belonging to family or others
$\mathrm{O}_{0} \mathrm{O}_{1} \mathrm{O}_{2}$
22．Disobedient at home
OoO $1 \mathrm{O}_{2}$
23．Disobedient at school
24．Doesn＇t eat well
$\mathrm{O}_{0} \mathrm{O}_{1} \mathrm{O}_{2}$
25．Doesn＇t get along with other kids
26．Doesn＇t seem to feel guilty after misbehaving
$\mathrm{O}_{0} \mathrm{O}_{1} \mathrm{O}_{2}$
27．Easily jealous
$\bigcirc 0 \bigcirc 1 \bigcirc 2$
28．Breaks rules at home，school，or elsewhere
$\bigcirc 0 \bigcirc 1 \bigcirc 2$
29．Fears certain animals，situations，or places， other than school（describe）： $\qquad$
Oo $01 O_{2}$ 30．Fears going to school
$\mathrm{O}_{0} \mathrm{O}_{1} \mathrm{O}_{2}$
31．Fears they might think or do something bad
$\begin{array}{llll}\mathrm{O} & 0 & \mathrm{O}_{1} \mathrm{O}_{2} \\ \mathrm{O} & 0 & \mathrm{O}_{1} \mathrm{O}_{2}\end{array}$
32．Feels they have to be perfect
33．Feels or complains that no one loves them
$\mathrm{O}_{0} \mathrm{O}_{1} \mathrm{O}_{2}$
34．Feels others are out to get them
35．Feels worthless or inferior
$\bigcirc 0 \bigcirc 1 \bigcirc 2$ 36．Gets hurt a lot，accident－prone
$\bigcirc 0 \bigcirc 1 \bigcirc 2$ 37．Gets in many fights
$\bigcirc 0 \bigcirc 1 \bigcirc 2$ 38．Gets teased a lot
$\bigcirc 0 \bigcirc 1 \bigcirc 2$ 39．Hangs around with others who get in trouble
$\bigcirc 0 \bigcirc 1 \bigcirc 2$ 40．Hears sounds or voices that aren＇t there （describe）：
$\bigcirc 0 \bigcirc 1 \bigcirc 2$ 41．Impulsive or acts without thinking
$\bigcirc 01 \bigcirc 2$ 42．Would rather be alone than with others
$\bigcirc 0 \bigcirc 1 \bigcirc 2$ 43．Lying or cheating
$\bigcirc 0 \bigcirc 1 \bigcirc 2$ 44．Bites fingernails
$\bigcirc 0 \bigcirc 1 \bigcirc 2$
45．Nervous，highstrung，or tense
Oo O 1 ○
46．Nervous movements or twitching （describe）：

## $\mathrm{O}_{0} \mathrm{O}_{1} \mathrm{O}_{2}$

47．Nightmares
$\begin{array}{llll}\mathrm{O} & 0 & \mathrm{O}_{1} \mathrm{O}_{2} \\ \mathrm{O} & 0 & \mathrm{O}_{1} & \mathrm{O}_{2}\end{array}$
48．Not liked by other kids
49．Constipated，doesn＇t move bowels
$\bigcirc 0 \bigcirc 1 \bigcirc 2$ 50．Too fearful or anxious
$\bigcirc 0 \bigcirc 1 \bigcirc 2$ 51．Feels dizzy or lightheaded
$\bigcirc 0 \bigcirc 1 \bigcirc 2$ 52．Feels too guilty
OoO $1 \mathrm{O}_{2}$
53．Overeating
$\begin{array}{rrr}\bigcirc 0 & \bigcirc & 1 \bigcirc 2 \\ \bigcirc & \bigcirc 1 \bigcirc & 2\end{array}$
54．Overtired without good reason
55．Overweight
56．Physical problems without known medical cause

〇 0 ○ $1 \bigcirc 2$ a．Aches or pains（not stomach or headaches）
Oo $\mathrm{O}_{1} \mathrm{O}_{2}$ b．Headaches
Oo O $1 \mathrm{O}_{2}$ c．Nausea，feels sick
$\bigcirc 0 \bigcirc 1 \bigcirc 2$ d．Problems with eyes（not if corrected by glasses（describe）： $\qquad$
○ $01 \bigcirc 2$ e．Rashes or other skin problems
○о○1○ 2 f．Stomachaches
○ 0 ○ $1 \bigcirc 2 \mathrm{~g}$ ．Vomiting，throwing up
$\bigcirc 0 \bigcirc 1 \bigcirc 2$ h．Other（describe）：

| $\begin{aligned} & O_{0} O_{1} O_{2} \\ & O_{0} O_{1} O_{2} \end{aligned}$ | 57．Physically attacks people <br> 58．Picks nose，skin，or other parts of bod （describe）： |
| :---: | :---: |
| $\begin{array}{llll} O_{0} & O_{1} & O_{2} \\ O_{0} & O_{1} & O_{2} \end{array}$ | 59．Plays with own sex parts in public 60．Plays with own sex parts too much |
| $\begin{array}{llll} O_{0} & O_{1} & O_{2} \\ O_{0} & O_{1} & O_{2} \end{array}$ | 61．Poor school work <br> 62．Poorly coordinated or clumsy |
| $\begin{array}{llll} O_{0} & O_{1} & O_{2} \\ O_{0} & O_{1} & O_{2} \end{array}$ | 63．Prefers being with older kids <br> 64．Prefers being with younger kids |
| $\begin{array}{llll} O_{0} & O_{1} & O_{2} \\ O_{0} & O_{1} & O_{2} \end{array}$ | 65．Refuses to talk <br> 66．Repeats certain acts over and over； compulsions（describe）： $\qquad$ |

Oo $1 \mathrm{O}_{2}$ 67．Runs away from home Oo O $1 \mathrm{O}_{2}$

68．Screams a lot
Oo O $1 \bigcirc_{2}$ 69．Secretive
$\bigcirc_{0} \bigcirc_{1} \bigcirc_{2}$ 70．Sees things that aren＇t there（describe）：

| $\begin{array}{lllll} O_{0} & O_{1} & O_{2} \\ \mathrm{O}_{0} & \mathrm{O}_{1} & \mathrm{O}_{2} \end{array}$ | 71．Self－conscious or easily embarrassed <br> 72．Sets fires |
| :---: | :---: |
| Ooor $\mathrm{O}_{2}$ | 73．Sexual problems（describe）： |
| Oo Oror | 74．Showing off or clowning |
| Oo O1O ${ }_{2}$ | 75．To shy or timid |
| Oo O1O2 | 76．Sleeps less than most kids |
| Oo O1O2 | 77．Sleeps more than most kids during day and／or night（describe）： $\qquad$ |

O $0 \bigcirc_{1} \bigcirc_{2}$ 78．Inattentive or easily distracted
○o $\mathrm{O}_{1} \mathrm{O}_{2}$
79．Speech problem（describe）：

Oo $0{ }_{1} \bigcirc_{2}$ 80．Stares blankly
Oo ○ 1 ○ 2 81．Steals at home
Oo $01 \mathrm{O}_{2}$ 82．Steals outside the home
$\mathrm{O}_{0} \mathrm{O}_{1} \mathrm{O}_{2}$
83．Stores up too many things they don＇t need （describe）：
$\qquad$
$O_{0} O_{1} O_{2}$
2 84．Strange behavior（describe）

〇 0 ○ 1 85．Strange ideas（describe）： $\qquad$

| $\bigcirc 0 \bigcirc 1 \bigcirc 2$ | 86．Stubborn，sullen，or irritable |
| :---: | :---: |
| $\bigcirc 0 \bigcirc 1 \bigcirc 2$ | 87．Sudden changes in mood or feelings |
| $\bigcirc 0 \bigcirc_{1} \bigcirc_{2}$ | 88．Sulks a lot |
| $\bigcirc 0 \bigcirc 1 \bigcirc 2$ | 89．Suspicious |
| $\bigcirc 0 \bigcirc 1{ }^{\circ}$ | 90．Swearing or obscene language |
| $\bigcirc 0 \bigcirc 1 \bigcirc 2$ | 91．Talks about killing self |
| $\bigcirc 0 \bigcirc 1 \bigcirc 2$ | 92．Talks or walks in sleep（describe）： |

〇o○ $0 \bigcirc 2$ 93．Talks too much
$\bigcirc 0 \bigcirc 1 \bigcirc 2$ 94．Teases a lot
○ $01 \bigcirc 2$ 95．Temper tantrums or hot temper
○o○1○ 2 96．Thinks about sex too much
○o○1○ 2 97．Threatens people
○ 0 ○ $1 \bigcirc 2$ 98．Thumb－sucking
$\bigcirc 0 \bigcirc 1 \bigcirc 2$ 99．Smokes，chews，sniffs tobacco or uses e－cigs
〇0〇1〇2 100．Trouble sleeping（describe）： $\qquad$

〇 0 〇 $1 \bigcirc 2$ 101．Truancy，skips school
$\bigcirc 0 \bigcirc 1 \bigcirc 2$ 102．Underactive，slow moving，or lacks energy
○ 0 ○1○ 2 103．Unhappy，sad，or depressed
$\bigcirc 0 \bigcirc 1 \bigcirc 2$ 104．Unusually loud
$\bigcirc 0 \bigcirc 1 \bigcirc 2$ 105．Uses drugs for nonmedical purposes （don＇t include alcohol or tobacco） （describe）： $\qquad$

〇o $01 \bigcirc 2$ 106．Vandalism
$\bigcirc 0 \bigcirc 1 \bigcirc 2$ 107．Wets self during the day
$\bigcirc 0 \bigcirc 1 \bigcirc 2$ 108．Wets the bed
○o○1○2 109．Whining
$\bigcirc 0 \bigcirc 1 \bigcirc 2$ 110．Wishes to be a different gender
$\bigcirc 0 \bigcirc 1 \bigcirc 2$ 111．Withdrawn，doesn＇t get involved with others
○o $01 \bigcirc 2$ 112．Worries
$\bigcirc 0 \bigcirc 1 \bigcirc 2$ 113．Please write any problems your child has that were not listen above：

Oo O ${ }_{1} \mathrm{O}_{2}$
$\mathrm{O}_{0} \mathrm{O}_{1} \mathrm{O}_{2}$
$\mathrm{O}_{0} \mathrm{O}_{1} \mathrm{O}_{2}$

[^1]
[^0]:    Achenbach, T. M. (1999). The Child Behavior Checklist and related instruments. In M. E. Maruish (Ed.), The use of psychological testing for treatment planning and outcomes assessment (pp. 429-466). Lawrence Erlbaum Associates Publishers.

[^1]:    Achenbach，T．M．（1999）．The Child Behavior Checklist and related instruments．In M．E．Maruish（Ed．）， The use of psychological testing for treatment planning and outcomes assessment（pp．429－466）． Lawrence Erlbaum Associates Publishers．

