Child and Adolescent Trauma Screen (CATS) -Caregiver Report (Ages 3-6)

Child's Name:	
Caregiver's Name:	 Date:

Stressful or scary events happen to many children. Below is a list of stressful and scary events that sometimes happen. Mark YES if it happened to the child to the best of your knowledge. Mark NO if it didn't happen to the child.

	Yes	Νο
1. Serious natural disaster like a flood, tornado, hurricane, earthquake, or fire.		
2. Serious accident or injury like a car/bike crash, dog bite, sports injury.		
3. Robbed by threat, force or weapon		
4. Slapped, punched, or beat up in the family.		
5. Slapped, punched, or beat up by someone not in the family		
6. Seeing someone in the family get slapped, punched or beat up		
7. Seeing someone in the community get slapped, punched or beat up		
8. Someone older touching his/her private parts when they shouldn't.		
9. Someone forcing or pressuring sex, or when s / h e couldn't say no		

10. Someone close to the child dying suddenly or violently	
11. Attacked, stabbed, shot at or hurt badly	
12. Seeing someone attacked, stabbed, shot at, hurt badly or killed.	
13. Stressful or scary medical procedure	
14. Being around war	
15. Other stressful or scary event? Please describe if so:	

Which one is bothering the child most now? _____

If you marked "YES" to any stressful or scary events for the child, then answer the following questions. Mark 0, 1, 2, or 3 for how often the following things have bothered the child in the last two weeks:

	Never 0	Once in a while 1	Half the time 2	Almost always 3
 Upsetting thoughts or images about a stressful event. Or re-enacting a stressful event in play. 				
2. Bad dreams related to a stressful event.				
 Acting, playing or feeling as if a stressful event is happening right now. 				

 Feeling very emotionally upset when reminded of a stressful event. 		
 Strong physical reactions when reminded of a stressful event (sweating, heart beating fast). 		
 Trying not to remember, talk about or have feelings about a stressful event 		
7. Avoiding activities, people, places or things that are reminders of a stressful event		
8. Increase in negative emotional states (afraid, angry, guilty, ashamed, confusion)		
 Losing interest in activities s/he enjoyed before a stressful event. Including not playing as much. 		
10. Acting socially withdrawn		
 Reduction in showing positive feelings (being happy, having loving feelings). 		
12. Being irritable. Or having angry outbursts without a good reason and taking it out on other people or things		
13. Being overly alert or on guard		
14. Being jumpy or easily startled.		
15. Problems with concentration		

16. Trouble falling or staying asleep		

Total Score: _____

Clinical = 12+

Please mark "YES" or "NO" if the problems you marked interfered with:

	Yes	Νο
1. Getting along with others		
2. Hobbies/fun		
3. School or daycare		
4. Family relationships		
5. General happiness		