Chest Pain Location Chart

 Sharp Dull Stabbing Burning Pressure 	Date:
 Upper chest: <pre> Left </pre> Center Right Lower chest: Left Center Right Lower chest: Left Center Right Mark the location of pain on the diagram below: Myocardial ischemic pain Pericardial pain Sophageal pain Aortic dissection Mediastinal lesions Pulmonary embolization Myocardial Ischemic pain Pancreatic pain Aortic dissection Mediastinal lesions Pulmonary embolization Aortic dissection Myocardial Ischemic pain Pancreatic pain Callbladder pain Pancreatic pain Distention of the liver Subdiaphragmatic abscess Pneumonia/pleurisy Gastric or duodenal Penetrating ulcer Pulmonary embolization Acute myositis Injuries Nature of Pain: Sharp Dull Stabbing Burning Pressure	Provider:
Myocardial ischemic pain Esophageal pain Aortic dissection Mediastinal lesions Pulmonary embolization Interscapular Myocardial Ischemic pain Musculoskeletal pain Gallbladder pain Pancreatic pain Interscapular Myocardial Ischemic pain Musculoskeletal pain Gallbladder pain Pancreatic pain Interscapular Myocardial Ischemic pain Musculoskeletal pain Gallbladder pain Distention of the liver Subdiaphragmatic abscess Pneumonia/pleurisy Gastric or duodenal Penetrating ulcer Pulmonary embolization Acute myositis Injuries Epigastric Myocardial ischer Pericardial pain Esophageal pain Duodenal/gastric Pancreatic pain Distention of the I Piaphragmatic ple Pulmonary embolization Acute myositis Injuries Msture of Pain: Stabbing Burning Pressure Stabbing	
Gallbladder pain Distention of the liver Subdiaphragmatic abscess Pneumonia/pleurisy Gastric or duodenal Gastric or duodenal Penetrating ulcer Pulmonary embolization Acute myositis Distention of the l Injuries Diaphragmatic ple Pneumonia Nature of Pain: Sharp Dull Stabbing Burning	Shoulder Myocardial ischemic pain Pericarditis Subdiaphragmatic abscess Diaphragmatic pleurisy Cervical spine disease Acute musculoskeletal pain Thoracic outlet syndrome Arms Myocardial ischemic pain Cervical/corsal spine pain Thoracic outlet syndrome
Tightness:	Myositis Pneumonia/pleurisy pain Splenic infarction Splenic flexure syndrome iver Subdiaphragmatic abscess
-	
Other (please describe):	

Intensity:	Duration:
🗌 Mild	Less than 5 minutes
☐ Moderate	☐ 5-15 minutes
	☐ More than 15 minute
Associated Symptoms:	Triggering Factors:
Shortness of breath	☐ Physical exertion
🗌 Nausea	Emotional stress

Sweating

Dizziness

Arm pain: Left Right

🗌 Jaw pain

Relief Measures:

🗌 Rest

Nitroglycerin

Deep breathing

Notes:

Resting Meals

Previous Episodes (if any):

Date _____ Nature of pain: _____

Please consult a healthcare provider for diagnosis and treatment if you experience chest pain. This template is for informational purposes only and not a substitute for professional medical advice.

