

# Chest Pain Location Chart

## Patient Information

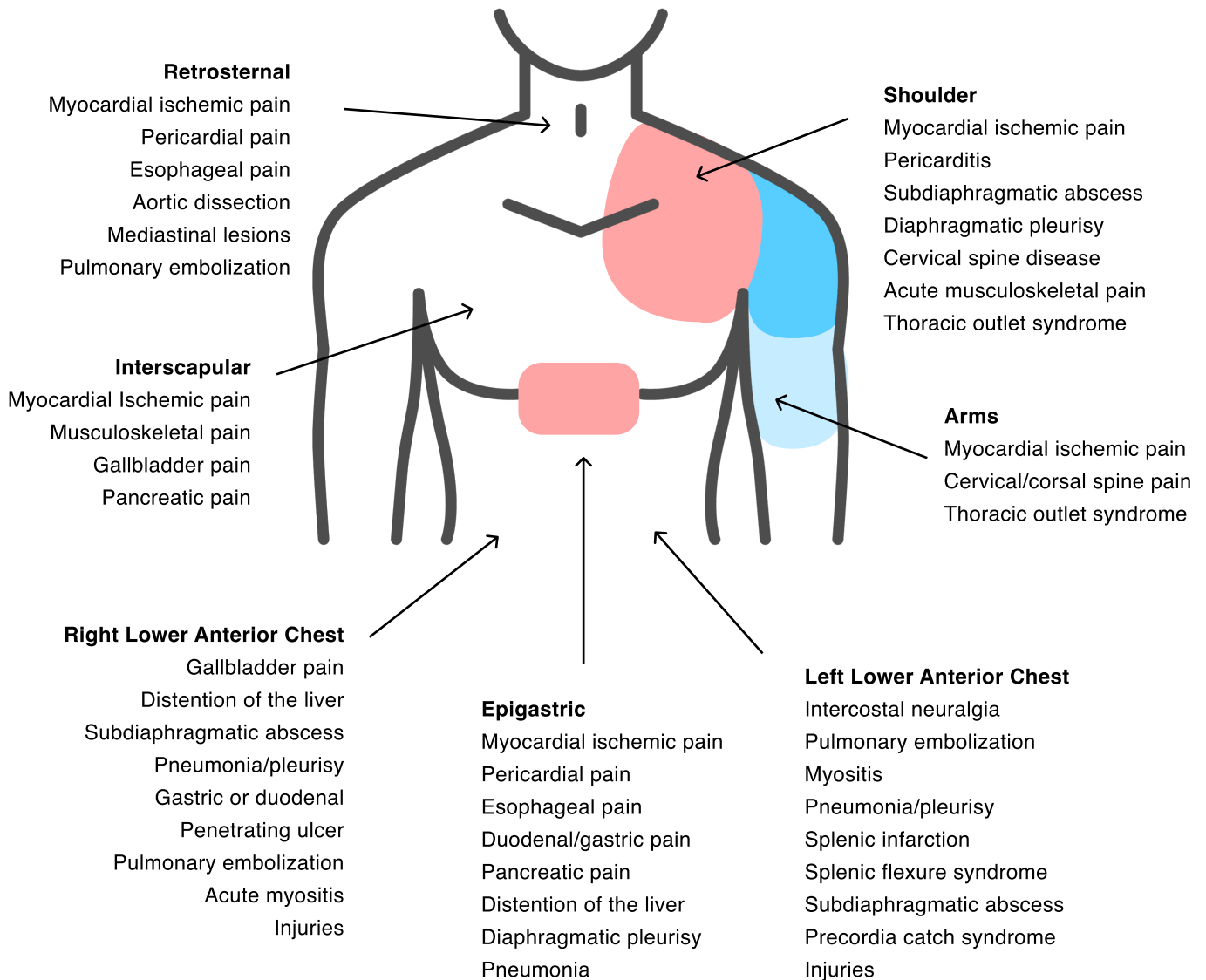
Name: \_\_\_\_\_ Date: \_\_\_\_\_

Patient ID: \_\_\_\_\_ Medical Provider: \_\_\_\_\_

## Pain Location:

- **Upper chest:**  Left  Center  Right
- **Middle chest:**  Left  Center  Right
- **Lower chest:**  Left  Center  Right

Mark the location of pain on the diagram below:



## Nature of Pain:

- Sharp
- Dull
- Stabbing
- Burning
- Pressure
- Tightness:
- Other (please describe): \_\_\_\_\_

**Intensity:**

- Mild
- Moderate
- Severe

**Duration:**

- Less than 5 minutes
- 5-15 minutes
- More than 15 minute

**Associated Symptoms:**

- Shortness of breath
- Nausea
- Sweating
- Dizziness
- Arm pain:  Left  Right
- Jaw pain

**Triggering Factors:**

- Physical exertion
- Emotional stress
- Resting
- Meals

**Relief Measures:**

- Rest
- Nitroglycerin
- Deep breathing

**Notes:****Previous Episodes (if any):**

Date \_\_\_\_\_ Nature of pain: \_\_\_\_\_

Please consult a healthcare provider for diagnosis and treatment if you experience chest pain. This template is for informational purposes only and not a substitute for professional medical advice.