

Checklist for Moving into Assisted Living

Name of patient	Age
Date of birth	Contact number
Contact person in case of emergency	Contact number
Healthcare provider's name	Contact number
Pre-move-in	
<ul style="list-style-type: none"><input type="checkbox"/> Research and select a suitable assisted living facility that meets the needs of the individual.<input type="checkbox"/> Schedule a visit to the facility to ensure it's a good fit.<input type="checkbox"/> Review the contract and understand the services, costs, and any additional fees.<input type="checkbox"/> Coordinate with healthcare providers to transfer any necessary medical records to the facility.<input type="checkbox"/> Downsize belongings, keeping only what is necessary and loved.<input type="checkbox"/> Arrange for the safe transport of the individual's personal belongings.<input type="checkbox"/> Set up a power of attorney or any required legal arrangements.	
During the move-in	
<ul style="list-style-type: none"><input type="checkbox"/> Ensure the room or apartment is clean, safe, and ready for occupancy.<input type="checkbox"/> Set up the living space with personal touches to make it feel like home.<input type="checkbox"/> Introduce the individual to staff and other residents to start building a community.<input type="checkbox"/> Review the daily schedule and available amenities with the individual.<input type="checkbox"/> Confirm that medication and care plans are established and understood by facility staff.	

After moving in

- Maintain regular communication with the facility staff to monitor the individual's adjustment.
- Visit often to provide emotional support and ensure quality of care.
- Encourage participation in activities and social events to promote engagement.
- Monitor the individual's health and well-being, and communicate with healthcare professionals as necessary.
- Regularly reassess the individual's needs and satisfaction with the facility.

Other important considerations

- Ensure the facility has appropriate and adequate medical care for the individual's needs.
- Discuss any potential end-of-life care wishes with the individual and document them in their file.
- Plan for potential changes in financial situations, such as Medicaid eligibility or long-term care insurance coverage.
- Stay informed about any changes in regulations or policies that may affect the individual's care.
- Continuously work with facility staff to ensure the individual is receiving quality and appropriate care.
- Keep important documents, such as legal and medical records, organized and easily accessible.
- Regularly assess and discuss the individual's preferences for their living situation, including any desire to move to a different facility or return home.
- Stay involved in decision-making and advocate for the individual's rights and needs.

Additional notes