

Cervical Flexion Rotation Test

Patient Information

Name:

Date of Birth:

Gender: Male Female Prefer not to say

Date of Test:

Patient History

Reason for Referral/Test:

History of Present Condition:

Previous Neck Injuries/Surgeries:

Current Medications:

Test Procedure and Observations

Positioning: Patient is positioned supine with the head supported by the examiner's hands.

Action: The neck is fully flexed, then the head is gently rotated to the left and right. The examiner assesses range of motion and notes any discomfort or pain.

Expected Normal Range: 45 degrees of rotation to each side without pain.

Test Results

Left Rotation (Degrees):

Right Rotation (Degrees):

Presence of Pain:	Left	Right	Both	None
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Pain Severity (if any):	Mild	Moderate	Severe
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Specific Pain Location:

Assessment

Findings Interpretation:

Comparative Analysis with Previous Assessments (if applicable):

Recommendations and Plan

Immediate Interventions:

Further Assessments Needed:

Referral Recommendations:

Follow-up Schedule:

Provider's Notes

Observations during Test:

Patient's Feedback:

Additional Comments:

Healthcare Provider's Signature:

Date: