

Brief Psychiatric Rating Scale (BPRS)

Name: _____ Age: _____

Date of session: _____ Practitioner: _____

Rating instructions

Items 1-14 (self-Report): Rate based on the patient's self-reported symptoms, such as mood or thought disturbances, using the severity scale (0-6 or 7).

Items 7, 12, and 13 (self-report + observation): Rate using both the patient's self-report and your observations of their behavior, such as disorganized speech or agitation.

Items 15-24 (observed behavior and speech): Rate solely on observed behaviors and speech during the interview, without relying on the patient's self-report.

Use the provided anchor points (0-6 or 7) to rate the severity of each symptom based on observation or self-report.

0	Not present
1	Very mild
2	Mild
3	Moderate
4	Moderately severe
5	Severe
6	Extremely severe

Symptoms

1. Somatic concerns:

☐ 0 1 2 3 4 5 6

2. Anxiety - nervousness, worry, fearfulness:

☐ 0 1 2 3 4 5 6

3. Emotional withdrawal - lack of spontaneous interaction, isolation:

☐ 0 1 2 3 4 5 6

4. Conceptual disorganization - confused thinking, incoherence:

☐ 0 1 2 3 4 5 6

5. Guilt feelings - excessive concerns about past behavior:

☐ 0 1 2 3 4 5 6

6. Tension - physical and emotional tension, inability to relax:

☐ 0 1 2 3 4 5 6

7. Mannerisms and posturing - unusual and unnatural motor behavior:

☐ 0 1 2 3 4 5 6

8. Grandiosity - exaggerate self-opinion, arrogance:

☐ 0 1 2 3 4 5 6

9. Depressive mood - sadness, pessimism, hopelessness:

☐ 0 1 2 3 4 5 6

10. Hostility - animosity, contempt, belligerence:

☐ 0 1 2 3 4 5 6

11. Suspiciousness - distrust, paranoia, belief in conspiracies:

☐ 0 1 2 3 4 5 6

12. Hallucinatory behavior - hearing, seeing, or feeling things not present

☐ 0 1 2 3 4 5 6

13. Motor retardation - slowed, reduced movements, decreased motor activity

☐ 0 1 2 3 4 5 6

14. Uncooperativeness - resistance, refusal to comply with requests

☐ 0 1 2 3 4 5 6

15. Unusual thought content - odd, bizarre, or delusional thoughts						
<input type="checkbox"/> 0	1	2	3	4	5	6
16. Blunted affect - reduced emotional responsiveness, flat affect						
<input type="checkbox"/> 0	1	2	3	4	5	6
17. Excitement - hyperactivity, increased motor and verbal activity						
<input type="checkbox"/> 0	1	2	3	4	5	6
18. Disorientation - confusion about time, place, or person						
<input type="checkbox"/> 0	1	2	3	4	5	6
Additional notes						
Scoring						
Sum the scores of the 18 items.						
Record the total score and compare it to the total score from one evaluation to the next as a measure of response to treatment.						
Total score:						

This is **not** a diagnostic tool.

Reference:

Overall, J. E., & Gorham, D. R. (1988). The Brief Psychiatric Rating Scale (BPRS): recent developments in ascertainment and scaling. *Psychopharmacology bulletin*.