

Dix-Hallpike Maneuver

Patient's full name: _____ Date examined: _____

Examiner's full name: _____

What you need: An examination bed

How to perform the maneuver:

1. Having the patient lie down.
2. Turn the patient's head 90 degrees to one side and flex it approximately 20 degrees forward while keeping their eyes open.
3. Observe the patient's eyes for 30 seconds before doing the same when the head is turned 90 degrees on the other side.
4. The patient is positive for (lateral) BPPV if there is horizontal nystagmus (involuntary side-to-side eye movements)

Affected side:

- Left
- Right

Result:

- Positive
- Negative

Additional Notes