

Boundary Exploration Worksheet

Patient's Name: _____

Date: _____

Instructions:

Section 1: Identifying Personal Boundaries

Physical Boundaries

Medical Decision-Making

Section 2: Communication and Consent

Informed Consent

Communication Preferences:

Section 3: Privacy and Confidentiality

Confidentiality

Privacy Concerns

Section 4: Collaboration and Boundaries with Healthcare Providers

Collaboration Preferences

Boundary Violations

Section 5: Additional Notes

Section 6: Summary and Action Plan

Summary of Key Points

Action Plan