

Body Mass Index Assessment Template

Personal Information		
Name:	Age:	Gender:
Height (in meters):	Weight (in kilograms):	
Body Mass Index		
Body Mass Index:		
BMI Interpretation		
<input type="checkbox"/> Underweight (<18.5) <input type="checkbox"/> Normal weight (18.5 - 24.9) <input type="checkbox"/> Overweight (25 - 29.9) <input type="checkbox"/> Obese (30 >)		
Health Risks Associated with BMI		
1.		
2.		
3.		
Action Plan		
1.		
2.		
3.		
Follow up appointment:		
Other suggested screenings		
1.		
2.		
3.		
Notes		