

# Body Mass Index Assessment Template

<b>Personal Information</b>		
Name:	Age:	Gender:
Height (in meters):	Weight (in kilograms):	
<b>Body Mass Index</b>		
Body Mass Index:		
<b>BMI Interpretation</b>		
<input type="checkbox"/> Underweight (<18.5) <input type="checkbox"/> Normal weight (18.5 - 24.9) <input type="checkbox"/> Overweight (25 - 29.9) <input type="checkbox"/> Obese (30 >)		
<b>Health Risks Associated with BMI</b>		
1.		
2.		
3.		
<b>Action Plan</b>		
1.		
2.		
3.		
<b>Follow up appointment:</b>		
<b>Other suggested screenings</b>		
1.		
2.		
3.		
<b>Notes</b>		