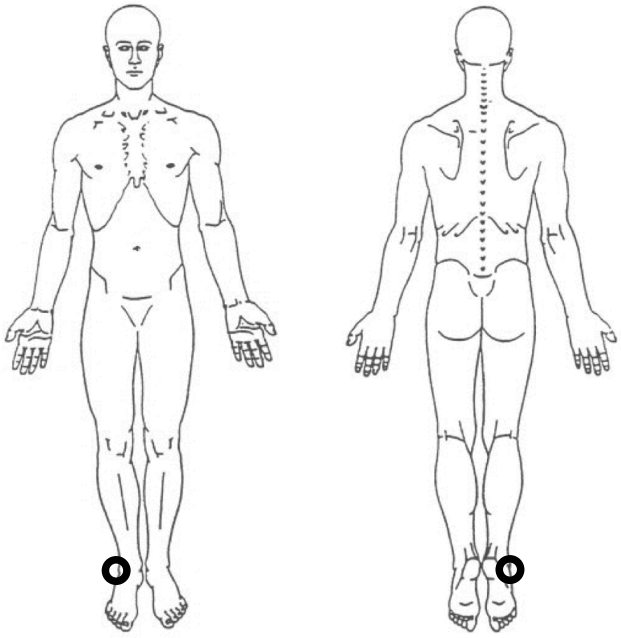
Body Assessment Form

Patient Information			
First Name	Last Name	Date of Birth	Gender
Daniel	Kim	27/09/1995	Male

Note Section



- Adhesion
- Rotation
- Pain
- Tender Joint
- Hypertonicity
- Spasm
- Inflammation
- Trigger Point
- Elevation

Presenting Complaint: Sprained ankle
HPC: basketball, 12/12/2022, landed with forced inversion, not able to bear weight after, hobbled home. Elevated and ice overnight. Have taken ibuprofen
Site: right ankle, lateral sprain
Onset: Tuesday
Characteristics: Throbbing pain + sustained pain
Radiation: None
Associated symptoms: oedema, redness, calor, trouble falling asleep
Timing: pain since landing on ankle
Exacerbating and relieving factors: worse upon weight bearing and sudden movement, ibuprofen improved pain management
Severity: 6/10 at rest, 8/10 when weight bearing/sudden movement

Medication: Ibuprofen
Allergies: None
Past Medical Hx: Previous right ankle fracture in 2017, ORIF, restricted motion since
Family Hx: Father, 60, T2DM for 10 years
Social: about 8 std of alcohol per week, smoker (2 pack year), no stairs at home, full time construction worker, one child at home

Clinician Name	Clinician Designation	Clinician Signature	Date
Michael Williams	Physiotherapist		13/12/2022