

Blood Tests for Lupus

Patient Information	
Name:	Date of Birth:
Patient ID:	Date of Evaluation:
Referring Physician:	
Clinical Background	
Presenting Symptoms:	
Duration of Symptoms:	
Family History of Lupus or Autoimmune Diseases:	
Current Medications:	
Blood Test for Lupus Evaluation	
1. Complete Blood Count (CBC) with Differential	
Purpose: To check for anemia, leukopenia, lymphopenia, and thrombocytopenia, which can be indicative of lupus.	
Results:	

2. Erythrocyte Sedimentation Rate (ESR)

Purpose: To measure the rate at which red blood cells settle at the bottom of a test tube, indicating inflammation.

Results:

3. C-Reactive Protein (CRP)

Purpose: To detect inflammation and monitor disease activity.

Results:

4. Antinuclear Antibodies (ANA) Test

Purpose: To detect antibodies that attack the body's own cells, a hallmark of lupus.

Results:

5. Anti-double-stranded DNA (anti-dsDNA) Antibodies Test

Purpose: To detect specific antibodies often found in the blood of people with lupus.

Results:

6. Anti-Smith (Sm) Antibodies Test

Purpose: To detect antibodies specific to lupus and rarely found in other diseases.

Results:

7. Antiphospholipid Antibodies Test

Purpose: To check for antibodies associated with an increased risk of blood clots.

Results:

8. Complement Component Tests (C3, C4, CH50)

Purpose: To measure the levels of complement proteins, which can be low in people with lupus.

Results:

9. Urinalysis

Purpose: To detect protein and red blood cells in the urine, which can indicate kidney involvement.

Results:

10. Renal Function Test

Purpose: To assess how well the kidneys are functioning.

Results:

Interpretation of Results**Summary of Key Findings****Implications for Diagnosis****Recommended Follow-Up Tests / Consultations**

Further Testing:

Specialist Consultations:

Physician's Signature

Date:

Patient Acknowledgment

I, the undersigned, acknowledge the completion of the above tests and understand their significance and the recommended next steps.

Patient / Guardian Signature

Date: