

Blood Pressure Pregnancy Chart

Patient Information

Full Name:

Date of Birth:

Gender:

Patient ID:

Contact Number:

Email Address:

Gestation period:

Midwife / Prenatal Care Contact:

Recommended patient parameters

blood pressure category	systolic mm Hg	and/or	diastolic mm Hg
NORMAL	less than 120	and	less than 80
ELEVATED	120-129	and	less than 80
HYPERTENSION STAGE 1	130-139	or	80-89
HYPERTENSION STAGE 2	140 or higher	or	90 or higher
HYPERTENSIVE CRISIS	higher than 180	and/or	higher than 120

Symptoms of hypotension:

- dizziness blurred vision rapid breathing fatigue cold, clammy skin

Symptoms of hypertension:

- flushed skin swelling of hands and feet headaches
 shortness of breath nausea vomiting

Patients Records:

Date/Time	Systolic	Diastolic	Interpretation

Intervention:

- Low dose aspirin Daily
- pressure reading BP
- medication

Physician's Notes and Recommendations:

Physician's Signature: _____ **Date:** ____ / ____ / _____