

Blood Glucose Levels Test

Patient Information

Name: _____

Date of Birth: _____

Gender: _____

Blood Glucose Chart			
Mg/DL	Fasting	After Eating	2-3 hours after eating
Normal	80-100	170 - 200	120 - 140
Impaired Glucose	101-125	190 - 300	140 - 160
Diabetic	126+	220 - 300	200+

Test Date: _____

Fasting Blood Sugar Test

Time: _____

Blood Glucose Level (mg/dL): _____

Post-Meal Blood Sugar Test

Time: _____

Blood Glucose Level (mg/dL): _____

Fasting Blood Sugar Test Results:

- Below 99 mg/dL: Normal
- 100 - 125 mg/dL: Prediabetes
- 126 mg/dL or higher: Diabetes

Post-Meal Blood Sugar Test Results:

- Below 140 mg/dL: Normal
- 140 - 199 mg/dL: Prediabetes
- 200 mg/dL or higher: Diabetes

Interpretation:

Comments: