

Blood Alcohol Level Chart

Patient name:	Gender:
Date of birth:	Date of test:

Blood alcohol concentration (BAC) reference values

BAC (%)	Level of intoxication	Effects
0.00 - 0.02	No impairment	Mild euphoria, relaxation
0.03 - 0.05	Low-level intoxication	Impaired judgment, slight coordination loss
0.06 - 0.10	Moderate intoxication	Decreased coordination, impaired perception
0.11 - 0.15	High-level intoxication	Slurred speech, major impairment
0.16 - 0.20	Severe intoxication	Potential for alcohol poisoning
0.21 - 0.30	Very high intoxication	Risk of respiratory failure, unconsciousness
0.31 and above	Potentially lethal	Risk of coma or death

Results

BAC result:
Number of drinks consumed:
Estimated time of consumption:

Additional notes

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Healthcare professional details

Name:	Signature:
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Reference

Ackermann, K. (2023, March 27). *Blood alcohol concentration (BAC): BAC levels & effects*. American Addiction Centers. <https://alcohol.org/health-effects/blood-alcohol-concentration/>