

Bipolar Disorder ATI Template

Patient Name: _____ Date of Assessment: _____

Assessor: _____

Section 1: Patient Information	
Age:	
Gender:	
Date of Birth:	
Marital Status:	
Occupation:	

Section 2: Medical History	
Past medical history:	
Current medications:	
Allergies:	

Section 3: Psychiatric History	
Age of onset of bipolar disorder:	
Number of previous episodes:	
Hospitalizations:	
Family history of mental illness:	
Substance use history:	

Section 4: Current Symptoms	
Mood:	
Energy level:	
Sleep patterns:	
Appetite:	

Thought patterns:	
Behavior:	

Section 5: Cognitive Assessment	
MMSE score:	
Clock Drawing Test:	
Trail Making Test:	
Boston Naming Test:	
Verbal fluency:	

Section 6: Functional Assessment	
ADLs:	
IADLs:	

Section 7: Behavioral Assessment	
Agitation:	
Depression:	
Anxiety:	
Psychotic symptoms:	

Section 8: Treatment Plan	
Medications:	
Psychotherapy:	
Self-management strategies:	

Section 9: Patient Education	
Importance of medication adherence:	
Recognition of early warning signs:	
Stress management techniques:	
Importance of a healthy lifestyle:	
Importance of seeking support:	

Section 10: Interprofessional Collaboration	
Communication with psychiatrist:	
Communication with psychologist:	
Communication with social worker:	
Communication with family members:	

Section 11: Follow-up	
Frequency of follow-up appointments:	
Goals for treatment:	
Expected outcomes:	

Section 12: Documentation	
Accurate and comprehensive documentation in the patient's medical record:	