

# Biopsychosocial-Spiritual Model for End-of-Life Care

Patient Information
Name:
Age:
Diagnosis:
Current Medical Status:
Advance Care Planning
Living Will:
Healthcare Proxy:
Do Not Resuscitate (DNR):

## Biopsychosocial Assessment

Biological/Psychological
Physical Symptoms
Pain assessment:
Fatigue:
Shortness of breath:
Nausea/Vomiting:
Other symptoms:
Psychological Assessment
Emotional state:
Coping mechanisms:
Quality of life perception:
Social
Family and Social Support
Primary caregiver(s):
Support network:
Communication with family:

## Cultural and Religious Considerations

Cultural background:

Religious beliefs:

Preferences for rituals and practices:

## Financial Considerations

## Spiritual Assessment

### Spiritual Beliefs

### End-of-Life Goals and Meaning-Making

### Spiritual Support

## Care Plan

### Biomedical Care

### Symptom Management

### Care Setting

<b>Collaboration with the Palliative Care Team</b>

<b>Psychosocial Care</b>
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<b>Counseling and Emotional Support</b>

<b>Quality of Life Enhancement</b>

<b>Spiritual Care</b>
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<b>Facilitate Spiritual Practices</b>

<b>Meaning-Centered Interventions</b>

## **Communication Plan**

<b>Open Communication</b>

<b>Advance Care Planning Discussion</b>

## Follow-Up and Review

Regular Reassessment
Multidisciplinary Team Collaboration

## Resources and Support

Educational Resources
Community Resources