Behavior Rewards Chart

Behavior Rewards Chart for [Month/Week/Period]	:

Overview

This Rewards Chart aims to incentivize and track positive behaviors from [Start Date] to [End Date] . The chart is designed to celebrate small wins and build momentum toward larger behavioral goals.

Objectives

- To encourage [Positive Behavior 1]:
- To foster [Positive Behavior 2]:
- To promote [Positive Behavior 3]:

Rewards System

The behavior chart uses the following rewards system:

- 1-5 Points: [Small Reward, e.g., Stickers or Praise]
- 6-10 Points: [Moderate Reward, e.g., Extra 15 minutes of free time]
- 11-15 Points: [Significant Reward, e.g., Special Activity or Treat]
- 16+ Points: [Major Reward, e.g., Day Out or Small Gift]

Milestones & Rewards Earned

Milestones Achieved

- 1. Achieved [Objective/Behavior] Earned [Reward]
- 2. **Achieved [Objective/Behavior]** Earned [Reward]
- 3. **Achieved [Objective/Behavior]** Earned [Reward]

Pending Milestones

- 1. Approaching [Objective/Behavior] Potential Reward [Reward]
- 2. Approaching [Objective/Behavior] Potential Reward [Reward]

Consequences for Undesirable Behavior

To balance the rewards system, it's also important to be aware of the consequences for negative behavior:

• First Instance: Verbal Reminder

• Second Instance: Loss of a previously earned point

• Third Instance: Timeout or temporary loss of privileges

• Continued Negative Behavior: Consultation with [Supervisors/Parents/Managers] to discuss further action

Behavior Chart

Behavior	Monday	Tuesday	Wednes- day	Thurs- day	Friday	Satur- day	Sunday	Total Points
Cleaning up toys								
Sharing with siblings								
Brushing teeth without reminder								
Comple- ting home- work								
Using polite language ("please" and "thank you")								
Total Points for the Day								

How to Use the Table:

- 1. **Daily Tracking**: At the end of each day, review the behaviors and add a star ((or other markers like stickers) for each positive behavior exhibited.
- 2. Total Points: Sum up the stars for each day and put it under "Total Points for the Day."
- 3. **Reward**: At the end of the week, total all the points and claim the rewards as per the point system mentioned above.

Next Steps

- Continue tracking points to earn [Next Reward]
- Work on improving [Specific Behavior]

to reach next milestone

Summary

This Behavior Rewards Chart and report aim to promote positive behavior through a system of rewards and milestones. It serves as a motivational tool to achieve specific behavioral goals while also outlining the consequences for any negative behaviors.

Report Prepared By

• Name: [Your Name]

• Position: [Your Position]

• Date: [Report Date]

Feel free to modify this template to better suit your needs.