Behavior Rewards Chart

Behavior Rewards Chart for [Month/Week/Period]: _____

Overview

This Rewards Chart aims to incentivize and track positive behaviors from [Start Date]   to [End Date]   . The chart is designed to celebrate small wins and build momentum toward larger behavioral goals.

Objectives

- To encourage [Positive Behavior 1]:
- To foster [Positive Behavior 2]:
- To promote [Positive Behavior 3]:

Rewards System

The behavior chart uses the following rewards system:

- **1-5 Points**: [Small Reward, e.g., Stickers or Praise]
- **6-10 Points**: [Moderate Reward, e.g., Extra 15 minutes of free time]
- **11-15 Points**: [Significant Reward, e.g., Special Activity or Treat]
- **16+ Points**: [Major Reward, e.g., Day Out or Small Gift]

Milestones & Rewards Earned

Milestones Achieved

1. **Achieved [Objective/Behavior]** - Earned [Reward]

2. **Achieved [Objective/Behavior]** - Earned [Reward]

3. **Achieved [Objective/Behavior]** - Earned [Reward]

Pending Milestones

1. **Approaching [Objective/Behavior]** - Potential Reward [Reward]

2. **Approaching [Objective/Behavior]** - Potential Reward [Reward]

Consequences for Undesirable Behavior

To balance the rewards system, it's also important to be aware of the consequences for negative behavior:

- **First Instance**: Verbal Reminder

- **Second Instance**: Loss of a previously earned point

- **Third Instance**: Timeout or temporary loss of privileges

- **Continued Negative Behavior**: Consultation with [Supervisors/Parents/Managers] to discuss further action

Behavior Chart

Behavior	Monday	Tuesday	Wednes-day	Thurs-day	Friday	Satur-day	Sunday	Total Points
Cleaning up toys								
Sharing with siblings								
Brushing teeth without reminder								
Comple-ting home-work								
Using polite language ("please" and "thank you")								
Total Points for the Day								

How to Use the Table:

1. **Daily Tracking**: At the end of each day, review the behaviors and add a star ⭐ (or other markers like stickers) for each positive behavior exhibited.

2. **Total Points**: Sum up the stars for each day and put it under "Total Points for the Day."

3. **Reward**: At the end of the week, total all the points and claim the rewards as per the point system mentioned above.

Next Steps

- Continue tracking points to earn [Next Reward]

- Work on improving [Specific Behavior]   to reach next milestone

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Summary

This Behavior Rewards Chart and report aim to promote positive behavior through a system of rewards and milestones. It serves as a motivational tool to achieve specific behavioral goals while also outlining the consequences for any negative behaviors.

Report Prepared By

- **Name**: [Your Name]

- **Position**: [Your Position]

- **Date**: [Report Date]

Feel free to modify this template to better suit your needs.