

# Autism Worksheet Template

## Client Information:

Name:

Date of Birth:

Gender:

Address:

Phone Number:

Email Address:

Date of Consultation:

---

## Instructions:




1. Fill in the blanks with appropriate answers.
  2. Use visuals and examples whenever possible.
  3. Take your time and do your best!
- 

## Section 1: Communication Skills

1. **Expressive Language:** Describe your favorite activity using at least three adjectives:

2. **Receptive Language:** Choose the correct answer:

*Which picture shows a **cat**?*

		
<input type="checkbox"/> A.	<input type="checkbox"/> B.	<input type="checkbox"/> C.

---

## Section 2: Social Skills

1. **Perspective-Taking:** Put yourself in someone else's shoes. How might they feel in this situation? Situation: A friend loses their favorite toy.

Possible feeling:

2. **Conversation Skills:** Fill in the blanks to create a conversation starter:

"Hi, my name is \_\_\_\_\_. What's your name? \_\_\_\_\_. Nice to meet you!"

---

## Section 3: Sensory Processing

1. **Sensory Preferences:**

Draw or describe your favorite sensory activity (*e.g., swinging, playing with slime*):

2. **Sensory Challenges:** Choose the sensory experience that bothers you the most:

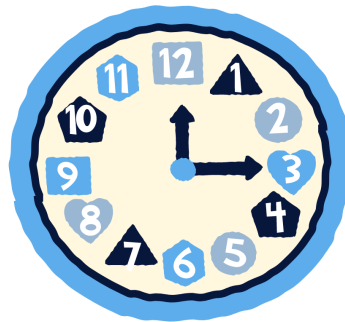
- a) Loud noises
  - b) Bright lights
  - c) Strong smells
- 

## Section 4: Executive Functioning

1. **Planning and Organization:** Write down three steps to complete a homework assignment:

1.
2.
3.

2. **Time Management:** Use the clock to indicate the time for each activity:






a) Breakfast: _____
b) School: _____
c) Bedtime: _____

---

## Section 5: Emotion Regulation

1. **Identifying Emotions:**

Match the emotion word to the corresponding facial expression:

Emotion:	Facial Expression:
Sad  Answer:	
Happy  Answer:	
Angry  Answer:	

**2. Coping Strategies:**

Draw or describe a healthy coping strategy you can use when feeling overwhelmed: