

Autism Test for Teenagers

Instructions for Test Completion

Please read each statement carefully and select the option that best describes how frequently the teenager demonstrates the described behavior or feeling. It's important to answer as honestly as possible based on your observations.

Likert Scale Description

- **1 - Strongly Disagree:** The statement does not apply at all.
- **2 - Disagree:** The statement rarely applies.
- **3 - Neutral:** The statement sometimes applies.
- **4 - Agree:** The statement often applies.
- **5 - Strongly Agree:** The statement very accurately describes the teenager.

Statement	1	2	3	4	5
Finds it hard to understand other people's feelings.					
Prefers to be alone rather than with others.					
Has difficulty keeping up a conversation on topics not of immediate interest.					
Avoids eye contact during conversation.					
Rarely uses gestures or facial expressions when communicating.					
Struggles to make friends or maintain friendships.					
Has difficulty interpreting social cues or body language.					
Takes things literally and does not understand abstract concepts, sarcasm, or jokes easily.					
Feels overwhelmed in social situations or in large groups of people.					
Shows little interest in sharing enjoyment, interests, or achievements with other people.					
Has a very strong interest in specific topics and talks about them excessively.					
Follows routines obsessively and gets very upset with changes.					

Statement	1	2	3	4	5
Exhibits repetitive behaviors or movements such as hand-flapping, rocking, or repeating phrases.					
Displays sensitivity to sensory input (e.g., textures, sounds, lights).					
Has difficulty understanding the concept of sharing or taking turns.					
Often does not respond to social interactions initiated by others.					
Expresses difficulty in changing focus from one activity to another.					
Lacks curiosity about the world around them.					
Exhibits an unusual tone of voice, such as a monotone pitch or sing-song voice.					
Shows an unusual posture or peculiar ways of moving, like walking on tiptoes.					
Scores for each response:					

Total Score:

Score Interpretation

- 20-40:**
 These scores generally indicate a lower likelihood of ASD-related challenges in social interactions. It's important to consider individual variances and other contexts.
- 41-60:**
 This range suggests moderate difficulties in social interaction and communication, which may warrant further observation or assessment by a professional.
- 61-80:**
 Scores in this range indicate significant social interaction and communication challenges, often associated with ASD. Seeking a professional evaluation for a comprehensive understanding and support plan is recommended.
- 81-100:**
 High scores in this range strongly suggest behaviors and traits commonly associated with ASD. Professional assessment and intervention are advised to provide the necessary support and strategies for development in social, communication, and behavioral areas.