

# Auditory Vocal Hallucination Rating Scale (AVHRS)

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Instructions:** This scale is designed to help assess the severity of auditory vocal hallucinations (AVHs). An auditory hallucination is when a person hears voices, sounds, or music that others can't hear. Please rate each aspect based on your observations and discussions with the individual.

For each item, circle the number that best describes the individual's experience:

**Frequency:** How often do the auditory hallucinations occur?

- Rarely (1) – Once in a while, almost never
- Occasionally (2) – A few times a week
- Frequently (3) – Several times a day
- Very Often (4) – Constantly throughout the day

**Loudness:** How loud are the auditory hallucinations?

- Faint (1) – Barely audible
- Moderate (2) – Noticeable but not overpowering Distinct
- (3) – Clearly audible, like a regular conversation Very
- Loud (4) – Overwhelmingly loud, hard to ignore

**Pervasiveness:** How much of the time are the auditory hallucinations present?

- Brief Episodes (1) – Short, sporadic occurrences
- Regular Intervals (2) – Repeatedly throughout the day
- Most of the Day (3) – Majority of waking hours
- Constantly (4) – Continuously, with little to no break

**Content:** What is the nature of the auditory hallucinations?

- Non-Threatening (1) – Friendly or neutral voices/content
- Neutral (2) – Non-specific or vague content
- Disturbing (3) – Unsettling or negative content
- Frightening (4) – Terrifying or menacing content

**Control:** How much control does the individual have over the auditory hallucinations?

- Full Control (1) – Can start or stop the voices at will
- Some Control (2) – Can sometimes influence the voices
- Limited Control (3) – Difficulty controlling, but occasional influence
- No Control (4) – Unable to control or influence the voices

**Distress:** How distressing are the auditory hallucinations to the individual?

- Minimal (1) – Little or no distress
- Mild (2) – Slight discomfort or unease
- Moderate (3) – Noticeable distress, affecting mood
- Severe (4) – Overwhelming distress, significant impact on well-being

**Impact:** How much do the auditory hallucinations affect the individual's daily life?

- No Impact (1) – No disruption to daily activities
- Minor Interference (2) – Mild disruption, manageable
- Significant Impact (3) – Noticeable disruption, affects functioning
- Severe Disruption (4) – Major interference, unable to perform tasks

**Changes Over Time:** Have the auditory hallucinations changed over time?

- Improving (1) – Becoming less frequent or intense
- Stable (2) – Consistent, no significant change
- Fluctuating (3) – Varying in frequency or intensity
- Worsening (4) – Increasing in frequency or intensity

**Associated Symptoms:** Are the auditory hallucinations associated with other symptoms?

- None (1) – No additional symptoms
- Mild (2) – Mild association with other symptoms
- Moderate (3) – Moderate impact on overall symptoms
- Severe (4) – Strong association with other distressing symptoms

**Treatment Response:** How has the individual responded to treatment?

- Fully Resolved (1) – Complete relief from auditory hallucinations
- Partial Improvement (2) – Some reduction in frequency or intensity
- Limited Improvement (3) – Minimal reduction in symptoms
- No Improvement (4) – No positive response to treatment

**Total Score:**

**Scoring:** Add up the scores for each item to get an overall severity score. A higher score indicates greater severity of auditory vocal hallucinations.