

# Alcohol Use Disorders Identification Test (AUDIT-C)

Name: \_\_\_\_\_ Age: \_\_\_\_\_  
Gender: \_\_\_\_\_ Date of test: \_\_\_\_\_

**Instructions:** To assess potential health and medication interactions, we need to ask about your alcohol use. Please answer as correctly and honestly as possible by indicating which answer is right for you.

**1. How often did you have a drink containing alcohol in the past year? Consider a “drink” to be a can or bottle of beer, a glass of wine, a wine cooler, or one cocktail or a shot of hard liquor (like scotch, gin, or vodka).**

Never

☐

0

Monthly or less

☐

1

2–4 times  
a month

☐

2

2–3 times  
a week

☐

3

4 or more times  
a week

☐

4

**2. How many drinks did you have on a typical day when you were drinking in the past year?**

0, 1, or 2 drinks

☐

0

3–4 drinks

☐

1

5–6 drinks

☐

2

7–9 drinks

☐

3

10 or more drinks

☐

4

**3. How often did you have 6 or more drinks on one occasion in the past year?**

Never

☐

0

Less than monthly

☐

1

Monthly

☐

2

Weekly

☐

3

Daily or almost daily

☐

4

**Total score:** \_\_\_\_\_ / 12

## Scoring and interpretation

The AUDIT-C is scored with 3 questions scored 0 to 4 points. Possible scores ranged from 0 to 12. A score of 3 or more points on the AUDIT-C, or a report of drinking 6 or more drinks on one occasion ever in the last year, should lead to a more in-depth assessment of drinking and related problems. Generally, the higher the AUDIT-C score, the more likely it is that the patient's drinking is affecting his/her health and safety.

## Remarks

Bush, K., Kivlahan, D., McDonell, M., Fihn, S., & Bradley, K. (1998). The AUDIT alcohol consumption questions (AUDIT-C): An effective brief screening test for problem drinking. *Archives of Internal Medicine*, 158(16), 1789. <https://doi.org/10.1001/archinte.158.16.1789>