Attention Span Test Template for Healthcare Practitioners

Patient Information:

Name: _____

Age: _____Gender: _____ **Date of Assessment:** _____

Instructions:

- Read each task carefully and perform to the best of your ability.

- Complete the tasks in the order provided.

- If you find a task too challenging or cannot complete it, move on to the next.

Task 1: Sustained Attention

Read the sequence of numbers below and cross out any repeated numbers.

6 9 2 5 8 3 6 4 1 7 9 2 4 6 8

Task 2: Selective Attention

Circle the letter 'P' every time it appears within the text below.

"Patient perception plays a pivotal role in personalized healthcare planning."

Task 3: Visual Concentration

Study the image below for 20 seconds, then describe or sketch as many details as possible.

Task 4: Auditory Focus

Listen to the provided short story recording and answer the questions that follow.

[Provide a short audio recording or script]

What was the main subject of the story?

Name two characters mentioned in the story.

What was the setting of the story?

Task 5: Dual Attention

Read the following paragraph, then count the number of times the word "blue" appears. At the same time, keep track of any animal names mentioned.

"Amidst the serene landscape, a bluebird perched on a branch, its vibrant blue feathers catching the sunlight. The nearby stream reflected the clear blue sky as a gentle breeze rustled through the leaves."

Total "blue" count: _____

Animal names: _____

Task 6: Attention

Switching In the space provided, write down the days of the week in alphabetical order, then write them again in reverse alphabetical order.

Alphabetical Order: _____

Reverse Alphabetical Order: _____

Scoring:

Please assess the patient's performance on each task and record your observations. Use this information to guide treatment and intervention strategies.

Task 1: Sustained Attention - _____ / 10

Task 2: Selective Attention - _____ / 10

Task 3: Visual Concentration - _____ / 10

Task 4: Auditory Focus - _____ / 10

Task 5: Dual Attention - _____ / 10

Task 6: Attention Switching - _____ / 10

Total Score: _____ / 60

Notes and Recommendations: