

# At-Home Eye Test

$\frac{20}{200}$

E

$\frac{20}{100}$

F P

$\frac{20}{70}$

T O Z

$\frac{20}{50}$

L P E D

$\frac{20}{40}$

P E C F D

$\frac{20}{30}$

E D F C Z P



$\frac{20}{25}$

F E L O P Z D

$\frac{20}{20}$

D E F P O T E C



$\frac{20}{15}$

L E F O D P C T

$\frac{20}{13}$

F D P L C T E O

$\frac{20}{10}$

P E Z O L C F T D

# At-Home Eye Test

## Instructions

### Step 1: Set up the Snellen chart

Open the chart on your screen or print it out. Use the 1 cm guideline (top-left corner) to ensure correct sizing:

- Adjust screen zoom until the line measures 1 cm.
- For printed charts, check the 1 cm line and adjust print scaling (e.g., 111%) if needed.

### Step 2: Prepare the environment

Choose a quiet, well-lit space with minimal distractions. Adjust monitor brightness and contrast for clear visibility.

### Step 3: Measure 20 feet

Use a measuring tape to stand or sit 20 feet (6 meters) away from the chart.

### Step 4: Perform the test

Start reading the chart from the top row. Have someone record your answers as you move down the rows. Use the results table on the next page for documentation.

### Step 5: Note your visual acuity

Stop at the row where you can no longer read the letters clearly. Use the right-most column to find your visual acuity (e.g., 20/20, 20/40).

**This test is NOT a substitute for a comprehensive eye exam conducted by a licensed optometrist**

# At-Home Eye Test

Results	
Name:	Date of birth:
Vision acuity score:	Date:
Notes	

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