## At-Home Dementia Test

## How Well Are You Thinking?

Please complete this form in ink without the assistance of others.
Name: $\qquad$
Date of Birth: $\qquad$
How far did you get in school?: $\qquad$
I am aManWoman
I amAsianBlackHispanicWhiteOther: $\qquad$
Have you had any problems with memory or thinking?YesOnly OccasionallyNo
Have you had any blood relatives that have had problems with memory or thinking?YesNo
Do you have balance problems?YesNo
If yes, do you know the cause?Yes, specify reason:No
Have you ever had a major stroke?YesNo

A minor or mini-stroke?YesNo
Do you currently feel sad or depressed?YesOnly OccasionallyNo
Have you had any change in your personality?Yes, specify reason: $\qquad$No
Do you have more difficulties doing everyday activities due to thinking problems?YesNo

1. What is today's date? (from memory - no cheating!) Month $\qquad$ Date $\qquad$ Year $\qquad$
2. Name the following pictures (don't worry about spelling):


## Answer these questions:

3. How are a watch and a ruler similar? Write down how they are alike. They both are... what?
4. How many nickels are in 60 cents?
5. You are buying $\$ 13.45$ of groceries. How much change would you receive back from a $\$ 20$ bill?
$\qquad$
6. Memory Test (memorize these instructions). Do later only after completing this entire test: At the bottom of the very last page: Write "I am done" on the blank line provided
7. Copy this picture

8. Drawing test

- Draw a large face of a clock and place in the numbers
- Position the hands for 5 minutes after 11 o'clock
- On your clock, label "l" for the long hand and "S" for the short hand

9. Write down the names of 12 different animals (don't worry about spelling):

|  |  |  |  |
| :--- | :--- | :--- | :--- |
|  |  |  |  |
|  |  |  |  |

Review this example (this first one is done for you) then go to question 10 below: Draw a line from one circle to another starting at 1 and alternating numbers and letters ( 1 to $A$ to 2 to $B$ to 3 to $C$ ).

10. Do the following: Draw a line from one circle to another starting at 1 and alternating numbers and letters in order before ending at $F$ ( 1 to $A$ to 2 to $B$ and so on).



Review this example (this first one is done for you) then answer question 11 below:

- Beginning with 1 triangle and 1 square
- Move 2 lines (marked with an X)
- To make 2 squares and no triangle
- Each line must be part of a complete square (no extra lines).


11. Solve the following problem:

- Beginning with 2 squares and 2 triangles
- Move 4 lines (mark with an X)
- To make 4 squares and no triangles
- Each line must be part of a complete square (no extra lines).


12. Have you finished? $\qquad$

## STOP

