At-Home Dementia Test

How Well Are You Thinking?

Please complete this form in ink without the assistance of others.

Name: _____

Date of Birth: _____

How far did you get in school?: _____

I am a

☐ **Man**

☐ **Woman**

I am

☐ **Asian**

☐ **Black**

☐ **Hispanic**

☐ **White**

☐ **Other:** _____

Have you had any problems with memory or thinking?

☐ **Yes**

☐ **Only Occasionally**

☐ **No**

Have you had any blood relatives that have had problems with memory or thinking?

☐ **Yes**

☐ **No**

Do you have balance problems?

☐ **Yes**

☐ **No**

If yes, do you know the cause?

☐ **Yes, specify reason:** _____

☐ **No**

Have you ever had a major stroke?

☐ **Yes**

☐ **No**

A minor or mini-stroke?

☐ Yes

☐ No

Do you currently feel sad or depressed?

☐ Yes

☐ Only Occasionally

☐ No

Have you had any change in your personality?

☐ Yes, specify reason: _____

☐ No

Do you have more difficulties doing everyday activities due to thinking problems?
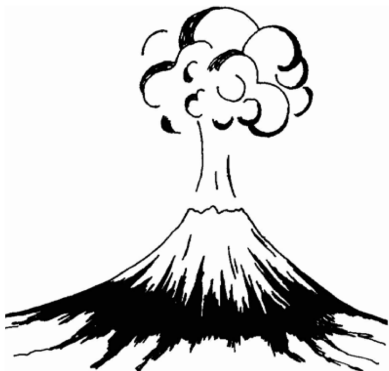
☐ Yes

☐ No

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1. **What is today's date? (from memory - no cheating!) Month _____ Date _____ Year _____**

2. **Name the following pictures (don't worry about spelling):**

_____

_____

Answer these questions:

3. **How are a watch and a ruler similar? Write down how they are alike. They both are... what?**

_____

4. **How many nickels are in 60 cents?**

_____

5. **You are buying $13.45 of groceries. How much change would you receive back from a $20 bill?**

_____

6. **Memory Test (memorize these instructions). Do later only after completing this entire test:**

At the bottom of the very last page: Write "I am done" on the blank line provided

7. **Copy this picture**
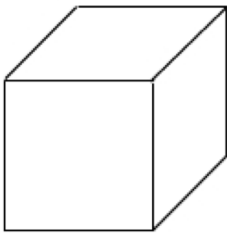
8. **Drawing test**

- Draw a large face of a clock and place in the numbers
- Position the hands for 5 minutes after 11 o'clock
- On your clock, label "I" for the long hand and "S" for the short hand

9. **Write down the names of 12 different animals (don't worry about spelling):**

Review this example (this first one is done for you) then go to question 10 below: Draw a line from one circle to another starting at 1 and alternating numbers and letters (1 to A to 2 to B to 3 to C).
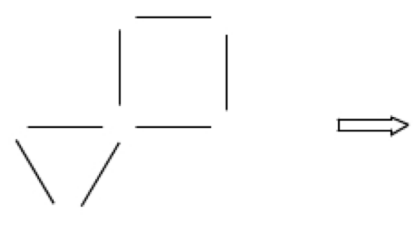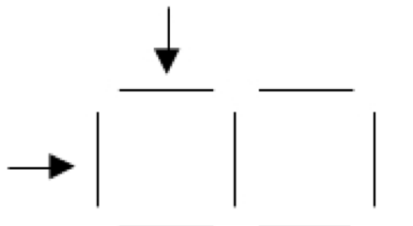

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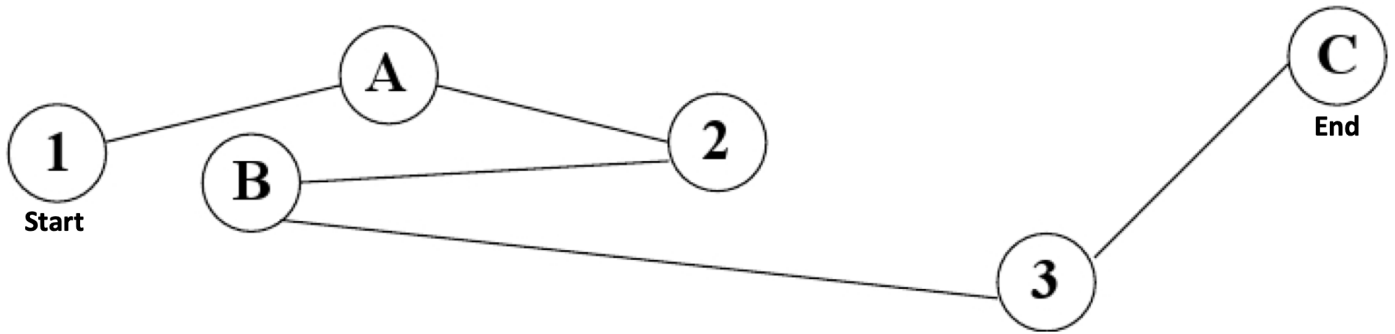
10. **Do the following:** Draw a line from one circle to another starting at 1 and alternating numbers and letters in order before ending at F (1 to A to 2 to B and so on).
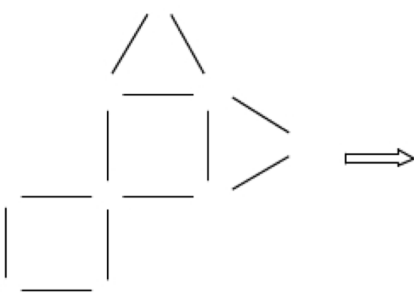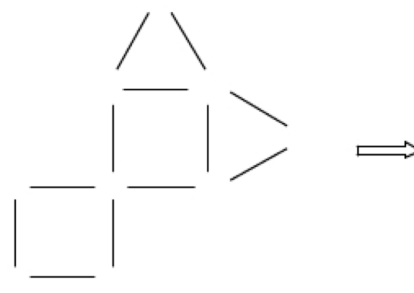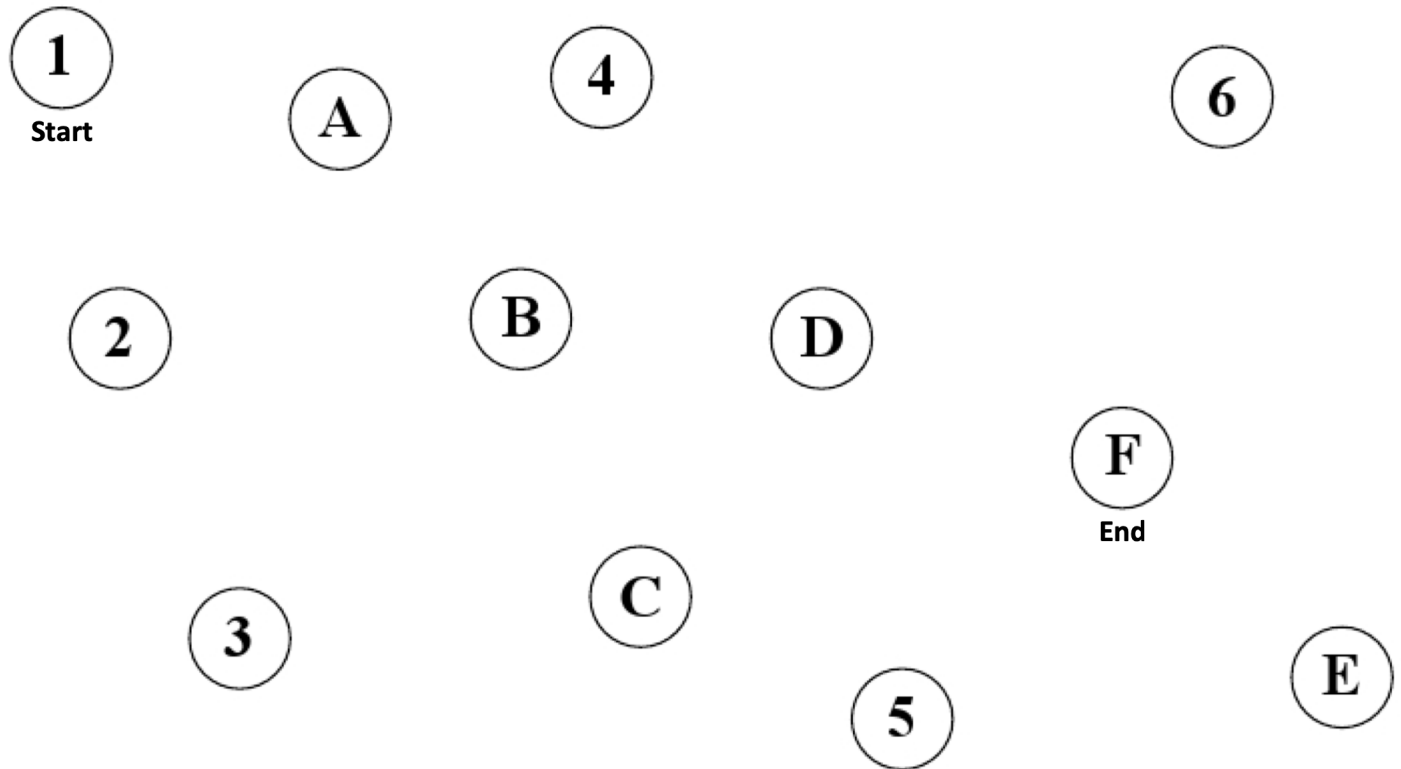

Review this example (this first one is done for you) then answer question 11 below:

- Beginning with 1 triangle and 1 square
- Move 2 lines (marked with an X)
- To make 2 squares and no triangle
- Each line must be part of a complete square (no extra lines).

⇨	⇨	
1 triangle, 1 square **(Example)**	Move these 2 lines **(Example)**	Put them here (at arrows) Make 2 squares (answer) **(Example)**

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11. Solve the following problem:

- Beginning with 2 squares and 2 triangles
- Move 4 lines (mark with an X)
- To make 4 squares and no triangles
- Each line must be part of a complete square (no extra lines).

⇒	⇒	
2 squares, 2 triangles	Move 4 lines **Mark with an X**	**Draw answer here 4 squares**

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12. **Have you finished? _____**

STOP

*This template is directly based on the SAGE Form of Ohio State University