## **Asthma Nursing Care Plan**

Patient information		
Name:	Age:	
Gender:	Date of admission:	
Allergies:	Primary care physician:	
Medical history		
History of asthma (include details such as age of onset, previous hospitalizations, or emergency visits for asthma):	Known triggers (e.g., allergens, exercise, tobacco smoke, etc.):	
Other respiratory conditions (e.g., viral respiratory infections, chronic inflammation, etc.):	Current medications (include dosages and frequency):	
Assessment		
Subjective data (what the patient reports):		
Chief complaints:		

Description of symptoms (e.g., shortness of breath, wheezing, coughing, etc.):	Precipitating factors (any recent events that might have triggered symptoms):
Objective data (What the nurse observes):	
Vital signs:	Oxygen saturation (%):
Temperature:	Signs of respiratory distress:
Heart rate:	
Respiratory rate:	
Blood pressure:	
Respiratory assessment (include respiratory status, breath sounds, peak flow readings, etc.):	
Nursing diagnosis	
Goals/outcomes	
Short-term goals:	Long term goals:

Nursing interventions/implementation	Rationale
Evaluation	
Nurse information	
Name:	License ID:
Signature:	Date: