

# Asperger's Symptoms in Toddlers Checklist

<b>Name:</b>	Jimmy Peterson
<b>Age:</b>	3
<b>Date:</b>	2/5/24
<b>Name of Caregiver:</b>	Anna and Thomas Peterson

This checklist is designed to help healthcare and pediatric professionals identify early signs of Asperger's Syndrome in toddlers. Please note that this checklist is for screening purposes only and not for diagnostic use. If you observe several checked symptoms persistently, consider a comprehensive evaluation by a specialist.

## Instructions for use:

1. Go through each item on the checklist during observation or interaction with the child.
2. Check off symptoms that are consistently observed and not occasional.
3. Review the checklist with pediatric or mental health professionals for further assessment and guidance.

## Communications Skills:

- Limited use of gestures (e.g. Child does not use pointing to indicate interest or share experiences).
- Delayed speech development; speaks later than typical or not at all.
- Difficulty initiating conversation; rarely starts interactions with peers or adults.
- Unusual tone, pitch, or rhythm in speech; speech may sound monotonous or robotic.

## Social Interaction:

- Reduced interest in social interaction; shows little interest in other children or caregivers.
- Difficulty making eye contact; avoids or has limited eye contact with others.
- Challenges in playing pretend games; does not engage in imaginative play as expected for age.
- Unaware of other's emotions: Has trouble understanding or responding to people's feelings.

**Behavioral Patterns:**

- Intense interest in specific topics; shows an unusual focus on particular subjects or objects.
- Adherence to routines; becomes distressed by changes in routine or environment.
- Repetitive behaviors; engages in repetitive movements such as rocking or flapping hands.
- Sensory sensitivities; overreacts or underreacts to sensory inputs like sounds, light, or touch.
- Motor skills challenges; may have awkward or clumsy movements; or delays in motor skill development.

**Observations:**

*Additional observations or concerns noted by the caregiver*

Jimmy really likes train sets, and he lines them all up in a specific order. He also gets upset if it is changed or moved. He also covers his ears and becomes distressed by loud noises. Prefers to play by himself, showing little interest in interacting with other children at the playground.

**Healthcare Professional's Analysis and Notes:**

Jamie displays several key symptoms associated with Asperger's Syndrome, notably in social interaction and behavioral patterns. His intense focus on specific objects, adherence to routines, and sensory sensitivities are areas of concern. Recommended a comprehensive evaluation with a pediatric neurologist or a psychologist specializing in ASD to further assess Jamie's developmental milestones and devise an appropriate intervention plan.

**Healthcare Professional's Name and Signature:**

Dr. Susan Clark

**Healthcare Provider:**

City Central Pediatric and Neurodevelopmental Clinic