

# Asperger Traits Checklist

Patient information	
Name:	Age:
Date of birth:	Gender:
Observer	
<input type="checkbox"/> Healthcare provider	
<input type="checkbox"/> Family	
<input type="checkbox"/> Friend	
<input type="checkbox"/> Colleague	
<input type="checkbox"/> Teacher	
<input type="checkbox"/> Guardian	
<input type="checkbox"/> Other: _____	
Observer's full name:	
Instructions	
<ul style="list-style-type: none"><li>• If you're the patient's healthcare provider, please observe the patient while interviewing them.</li><li>• If you're related to the patient, please observe the patient while conversing with them and while they're going about their activities.</li></ul>	
Language and speech	
<input type="checkbox"/> They tend to sound formal when speaking and may even sound pedantic	
<input type="checkbox"/> They use uncommon vocabulary, or vocabulary related to their specific interests	
<input type="checkbox"/> They find interpreting social cues and non-verbal communication to be challenging	
<input type="checkbox"/> They make limited eye contact when conversing with others	
<input type="checkbox"/> They have difficulty making friends and maintaining friendships	
<input type="checkbox"/> They are too literal and have difficulty interpreting metaphors, sarcasm, and other figures of speech	
<input type="checkbox"/> They have trouble recognizing and understanding the emotions of others	
<input type="checkbox"/> They have trouble expressing appropriate emotional reactions to specific situations	
<input type="checkbox"/> They tend to dominate conversations if they're discussing something they like	

**Behavior**

- They tend to repeat specific phrases or words
- They have a strict adherence to routines
- They get upset and distressed when there are changes to their routines, no matter how small
- They have an intense obsession with specific hobbies and topics or any other thing that interests them
- They tend to isolate themselves since they have trouble with social interaction and communication
- They have extreme emotions when reacting to certain things because they have trouble managing them
- Concerning the previous trait, they have verbal or behavioral outbursts from time to time, throw tantrums, and enact self-harming behaviors

**Physical Symptoms**

- They have awkward or clumsy movements
- They have difficulties with fine motor skills
- They have difficulties with gross motor skills
- They have a limited range of facial expressions
- They have a limited range of gestures
- They have weak coordination

**Other**

- They tend to memorize information and facts, usually about things they like
- They become hypersensitive to light, specific sounds, and certain textures
- They have trouble with planning, organizing, and initiating specific tasks

**Additional notes**