

Asperger Traits Checklist

Patient information	
Name:	Age:
Date of birth:	Gender:
Observer	
<input type="checkbox"/> Healthcare provider	
<input type="checkbox"/> Family	
<input type="checkbox"/> Friend	
<input type="checkbox"/> Colleague	
<input type="checkbox"/> Teacher	
<input type="checkbox"/> Guardian	
<input type="checkbox"/> Other: _____	
Observer's full name:	
Instructions	
<ul style="list-style-type: none">• If you're the patient's healthcare provider, please observe the patient while interviewing them.• If you're related to the patient, please observe the patient while conversing with them and while they're going about their activities.	
Language and speech	
<input type="checkbox"/> They tend to sound formal when speaking and may even sound pedantic	
<input type="checkbox"/> They use uncommon vocabulary, or vocabulary related to their specific interests	
<input type="checkbox"/> They find interpreting social cues and non-verbal communication to be challenging	
<input type="checkbox"/> They make limited eye contact when conversing with others	
<input type="checkbox"/> They have difficulty making friends and maintaining friendships	
<input type="checkbox"/> They are too literal and have difficulty interpreting metaphors, sarcasm, and other figures of speech	
<input type="checkbox"/> They have trouble recognizing and understanding the emotions of others	
<input type="checkbox"/> They have trouble expressing appropriate emotional reactions to specific situations	
<input type="checkbox"/> They tend to dominate conversations if they're discussing something they like	

Behavior

- They tend to repeat specific phrases or words
- They have a strict adherence to routines
- They get upset and distressed when there are changes to their routines, no matter how small
- They have an intense obsession with specific hobbies and topics or any other thing that interests them
- They tend to isolate themselves since they have trouble with social interaction and communication
- They have extreme emotions when reacting to certain things because they have trouble managing them
- Concerning the previous trait, they have verbal or behavioral outbursts from time to time, throw tantrums, and enact self-harming behaviors

Physical Symptoms

- They have awkward or clumsy movements
- They have difficulties with fine motor skills
- They have difficulties with gross motor skills
- They have a limited range of facial expressions
- They have a limited range of gestures
- They have weak coordination

Other

- They tend to memorize information and facts, usually about things they like
- They become hypersensitive to light, specific sounds, and certain textures
- They have trouble with planning, organizing, and initiating specific tasks

Additional notes