Personal Coat of Arms Worksheet

Patient's full name: Richter T. Sanbreque **Date assessed:** July 2, 2022

Therapist's full name: Vanadis O. Galloway

drawing of a pride of lions to symbolize the togetherness of the family and how they value and protect one another

drawing of a harp to symbolize the fact that the family is a musical family

drawing of a grove and an oasis to symbolize their love of nature

drawing of a bookshelf to symbolize their love of books

"We tell ourselves stories in order to live." - Joan Didion