

Antisocial Personality Disorder Test

General Information

Full Name:

Age:

Gender: Male Female Other:

Date:

Rate the degree to which you agree with each statement

1. Inducing a sense of inferiority in others gives a sense of satisfaction.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

2. It does not matter what other people feel.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

3. It is not particularly bad to rob someone rich.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

4. Apologizing is a sign of weakness.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

5. Maintaining a relationship with a man/woman is a tiresome duty.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

6. Fast driving is not dangerous at all.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

7. You should not share what you have with others in a disinterested way.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

8. Doing things to spite others is an interesting game.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

9. Fist-fighting is one of the most effective ways of resolving conflicts.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

10. It is not worth letting others jump the checkout line, even if they need it.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

11. There is nothing wrong with petty theft.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

12. Only weak people have a sense of guilt.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

13. Women are mostly too bossy and unsympathetic.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

14. Life without risk would be monotonous.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

15. Everyone should earn money only for themselves.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

16. It can be exciting to provoke policemen with your behavior.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

17. Animals should be physically punished for their misbehavior.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

18. People who cry are irritating.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

19. There is nothing wrong with sometimes stealing things that aren't of much value.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

20. There is no point in thinking about your behavior too much.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

21. It is humiliating for a man to seek popularity with women.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

22. Contrary to popular belief, highboard diving is always safe.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

23. In life, you have to think mainly about yourself.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

24. Sometimes, when asking someone for help, it is better not to give the real reasons for your request.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

25. A man who does not want to fight is not a real man.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

26. Approaching people lying on the pavement to help them can bring nothing but problems.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

27. Only a written agreement between parties is valid.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

28. Remorse is a sign of weakness.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

29. It is actually hard to say what it means to "be in love" with a woman.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

30. Hitchhiking at night is exciting.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

31. It only pays to do what brings real benefit.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

32. In some situations, you have to lie to get out of trouble.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

33. It is normal for people to degrade others.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

34. One should not bother about other people's problems.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

35. Stealing something from a store owned by a dishonest shopkeeper is not a bad thing.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

36. Hitting another person as a result of annoyance can be partially justified.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

37. One should avoid relationships with women should be avoided.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

38. Life without adrenaline is boring.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

39. Everything we do stems from the desire to satisfy only our own needs.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

40. Provoking a quarrel can give considerable satisfaction.

- 1 - Strongly Disagree 2 - Disagree 3 - Agree 4 - Strongly Agree

Total Score:

Scoring and Interpretation

This scale focuses on the following subscales:

- **Physical aggression:** Items 1, 9, 17, 25, 33
- **Lack of empathy:** Items 2, 10, 18, 26, 34
- **Absence of prosocial standards:** Items 3, 11, 19, 27, 35
- **Lack of guilt or remorse:** Items 4, 12, 20, 28, 36
- **Incapacity for mutually intimate relationships:** Items 5, 13, 21, 29, 37
- **Risk-taking:** Items 6, 14, 22, 30, 38
- **Egocentrism:** Items 7, 15, 23, 31, 39
- **Manipulativeness:** Items 8, 16, 24, 32, 40

Scores range from 5 to 20 for each subscale, with higher scores indicating elevated levels of antisocial beliefs. It's important to note that there are no definitive cut-off scores for diagnosis, and the interpretation should be based on clinical judgment and the overall pattern of results.

Adapted From

Skowroński B. (2022). Introduction and validation of the Antisocial Beliefs Scale in a sample of Polish prisoners. *Frontiers in psychology*, 13, 991687. <https://doi.org/10.3389/fpsyg.2022.991687>