Annual Physical Exam Checklist By Age

Patient Name: Russ Walters

Date of Birth: August 6, 1986

Gender: Male

Medical History:
Family has history of being kidney stone formers and having gout, hepatitis, and hypertension.

History of Medical Procedures (if applicable):
None

Medication/Allergies (if applicable):
None

Symptoms (if applicable):
None

Lifestyle Habits:
Exercises at least 2 times a week. Sleeps an average of at least 6 hours a day. Eats relatively healthily.

Additional Notes:
None.

Vitals

- Blood Pressure: 127/78 mm Hg
- Heart Rate: 162 bpm
- Temperature: 37°C
- Weight: 260 lbs
- Height: 6 ft
- Blood Oxygen: 96%
- Respiration Rate: 15 breaths/minute

Checklist by Age

Test	18 - 39	40 - 64	65+
Blood Sugar Testing	☑	☐	☐
Cholesterol Blood Testing	☑	☐	☐
Heart Disease Prevention	☑	☐	☐
Infectious Disease Screening	☐	☐	☐
Physical Exam	☑	☐	☐
Eye Exam	☑	☐	☐
Testicular Exam (Males)	☑	☐	☐
Prostate Cancer Screening (Male)	☐	☐	☐
Pap Smear (Female)	☐	☐	☐
Breast Exam (Females)	☐	☐	☐
Mammogram (Females)	☐	☐	☐
Lung Cancer Exam	☐	☐	☐
Osteoporosis Screening	☐	☐	☐
Colorectal Screening	☐	☐	☐
Abdominal Aortic Aneurysm Screening	☐	☐	☐
Immunizations	☑	☐	☐
Hearing Test (Auditory)	☑	☐	☐
Hepatitis C Blood Test	☑	☐	☐
STD	☑	☐	☐
Others: _____	☐	☐	☐

Referring Physician's Name: Ernest Annable

Date: November 14, 2023