

Ankle Posterior Drawer Test

Date: _____

Patient information

Name:

Age:

Medical history (if needed):

Symptoms/concerns (if needed):

Examiner:

Test instructions

1. Have the patient sit at the edge of the table or lie down.
2. Stabilize the ankle by wrapping one hand around the dorsum, above the malleoli, while the other hand wraps around the dorsum of the talus.
3. Adjust the foot so that it's 10-20 degrees of plantar flexion.
4. Apply a posterior translation force or a posterior force on the calcaneus and talus.

Test findings

- ☐ **Positive:** Pain and/or increased laxity compared bilaterally (indicating a possible ligament injury, such as a torn posterior talofibular ligament).
- ☐ **Negative:** No pain or excessive movement, indicating no posterior instability of the ankle.

Additional observations and notes