

Anemia Iron Level Range Chart

Patient information	
Name:	Date of birth:
Healthcare provider:	Date of test:
Iron levels	Interpretation
< X (Lowest)	Indicated iron deficiency anemia
X – Y (Normal range)	Healthy iron levels
Y – Z (Borderline range)	Potential iron deficiency
> Z	Indicated iron overload or hemochromatosis
Interpretation guide	
<ul style="list-style-type: none">Lower range (< X): Indicated insufficient iron levels leading to Iron Deficiency Anemia, may require supplementation or dietary changes.Normal range (X – Y): Represents healthy iron levels, typically ideal for optimal health.Borderline range (Y – Z): Suggests potential iron deficiency; consider further evaluation or dietary adjustments.High range (> Z): Indicated elevated iron levels possibly signaling Iron Overload or Hemochromatosis, requiring medical attention.	
Iron level parameters	
<ul style="list-style-type: none">Normal range: 70 – 150 micrograms per deciliter (mcg/dL)Borderline range: 40 – 69 mcg/dLAnemia range: Below 40 mcg/dL	
Interpretation of results	
Iron levels:	
Interpretation:	

Recommendations	
Based on your iron levels, the following recommendations are provided:	
Provider's signature:	Date:
Patient's signature:	Date: