## ANA Levels Chart

## Patient Information

- Name: Jane Doe
- Date of Birth: January 15, 1978
- Gender: Female
- Medical Record Number: MRN123456
- Date of Blood Draw: March 5, 2023


## Laboratory Results

- ANA Titer: 1:320
- Antibody Pattern: Speckled


## Clinical Evaluation

- Presenting Symptoms:

Joint pain and stiffness. Persistent fatigue.

- Medical History:

No known history of autoimmune disorders. Family history of rheumatoid arthritis.

## Interpretation

- Result Interpretation:

Elevated ANA titer (1:320) with a speckled pattern suggests potential autoimmune activity.

- Clinical Correlation:

Symptoms and family history align with autoimmune possibilities; further investigation is warranted.

## Treatment Plan

- Recommended Actions:

Order additional tests for specific autoantibodies (e.g., anti-CCP, rheumatoid factor). Consult with a rheumatologist for a comprehensive evaluation.

- Treatment Recommendations:

Prescribe NSAIDs for symptom relief. Initiate referral to a rheumatologist for further management.

## Follow-Up

- Follow-Up Testing:

Schedule follow-up ANA testing in three months. Await results of additional autoantibody tests

## - Follow-Up Appointments:

Schedule a two-week follow-up appointment to monitor symptoms and discuss the referral process.

## Patient Education

- Explanation of the ANA Test:

ANA testing assesses the presence of antibodies that may indicate autoimmune conditions.

## - Educational Resources:

Provide pamphlets on autoimmune diseases and recommended websites for additional information.

## Collaboration Notes

- Consultation with Colleagues:

Discussed case with Dr. Smith (rheumatologist), awaiting their input.

## - Patient Communication:

Discussed preliminary findings and the need for additional tests with the patient and addressed concerns.

## Additional Comments

The patient appeared receptive to the referral and understood the diagnostic process.

