## Macular Degeneration Eye Chart: Amsler Grid

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- 1. Hold this chart at a comfortable reading distance (generally, about 12-14 inches away). Wear your reading glasses if you normally use them.
- 2. Cover one eye and focus on the black dot in the middle of the grid.
- 3. Cover the other eye and repeat the test. If the lines appear to be wavy, dim, irregular or fuzzy, schedule an eye exam immediately.

## THIS TEST DOES NOT REPLACE REGULAR EYE EXAMS