

ALT Blood Test

Patient Information:

Name: _____ Date of Test: _____

Date of Birth: _____ Gender: _____ Medical Record Number: _____

Overview:

The ALT (Alanine Aminotransferase) Blood Test is a diagnostic tool used to assess liver function and detect potential liver damage or disease. ALT is an enzyme primarily found in the liver, and elevated levels of ALT in the bloodstream can indicate liver injury or impairment. This test provides crucial information to healthcare providers for the early diagnosis and monitoring of liver conditions.

Test Instructions:

- A healthcare professional will clean the area (usually the inside of the elbow) where the blood will be drawn.
- A tourniquet may be applied to make it easier to locate a suitable vein.
- A sterile needle will be inserted into the vein, and a small amount of blood will be drawn into a test tube or vial.
- The needle will be removed, and a bandage will be applied to the puncture site.

Findings:

Follow Up: