Allergy Skin Test

Patient information	
Name: Anthony Nelson	**Date of birth:** November 7, 1985
Age: 38	**Gender:** Male
Contact information: (123) 456-7890	
Address: 123 Maple Street, Springfield, IL	
Date of test: March 3, 2025	

Patient history	
I. Symptoms:	**II. Medical history:**
Persistent nasal congestion, skin rashes, itching, and occasional difficulty breathing.	History of seasonal allergies (hay fever), mild asthma, and eczema.
III. Medications:	**IV. Known allergies**
Cetirizine (antihistamine), Albuterol inhaler as needed.	Pollen, dust mites, and penicillin.

Family history of allergies: ○ No ◉ Yes, specify: Mother has hay fever and asthma.

Test details	
I. Reason for test:	**II. Special instructions:**
Patient reports worsening allergy symptoms, including frequent rashes and respiratory distress after exposure to dust and pet dander.	Patient advised to stop antihistamines 72 hours before testing.

Fasting required? ◯ Yes ◉ No

Test method used:

◉ Skin prick test (allergen drops are applied to skin and gently pricked or scratched)

◯ Intradermal test (allergens injected under the skin)

◯ Patch test (allergens applied with adhesive patches)

Date: March 3, 2025	**Time:** 10:30 AM

Allergies tested and reactions

Allergen	Reaction (wheal, flare, size)	Severity	Interpretation
Pollen	6mm wheal, 12mm flare	Moderate	Positive
Dust mites	8mm wheal, 15mm flare	Severe	Positive
Cat dander	4mm wheal, 10mm flare	Mild	Positive
Mold spores	No reaction	N/A	Negative
Peanuts	No reaction	N/A	Negative

Interpretation and diagnosis

Test result: ◉ ◯

Confirmed allergens:	**Clinical diagnosis:**
Pollen, dust mites, cat dander.	Allergic rhinitis, dust mite allergy, and mild pet allergy.

Results reporting

Results to be reported to: Anthony Nelson (patient); Dr. Emma Watson (primary care physician)

Preferred method:

- (●) Phone
- ( ) Email
- ( ) Mail
- ( ) In person (by appointment)

Expected result delivery time: Within 24 hours.

Additional notes

Patient advised to minimize exposure to dust mites and pollen.
Recommended use of HEPA air filters and hypoallergenic bedding.
Referral for allergist consultation and potential immunotherapy (allergy shots).

Healthcare professional information

Name: Dr. Emma Watson, MD	**License ID number:** 9876544321
Signature: **Emma Watson**	**Date:** March 3, 2025