

# Allergy List

Date: \_\_\_\_\_

Full name: \_\_\_\_\_

Age: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Relevant medical history or information (if needed):

Known allergies (if applicable):

Food allergies	Environmental allergies
<ul style="list-style-type: none"><li>• Milk and dairy</li><li>• Eggs</li><li>• Fish</li><li>• Crustaceans/shellfish</li><li>• Tree nuts</li><li>• Peanuts</li><li>• Wheat</li><li>• Soybeans</li><li>• Sesame</li><li>• Pork</li><li>• Beef</li><li>• Others:</li></ul>	<ul style="list-style-type: none"><li>• Tree pollen</li><li>• Grass pollen</li><li>• Weed pollen</li><li>• Mold spores</li><li>• Indoor and outdoor mold</li><li>• Dust</li><li>• Cat (dander, hair, saliva, secretions)</li><li>• Dog (dander, hair, saliva, secretions)</li><li>• Cockroaches (saliva, droppings, or waste)</li><li>• Smoke/smog</li><li>• Mice (dander, skin, saliva, and urine)</li><li>• Others:</li></ul>
Notes:	Notes:

Medication allergies	Insect bite/sting allergies
<ul style="list-style-type: none"> <li>• Penicillin</li> <li>• Antibiotics</li> <li>• Insulin</li> <li>• Chemotherapy drugs</li> <li>• Drugs used in anesthesia</li> <li>• Anticonvulsants</li> <li>• Substances containing iodine, such as x-ray contrast dyes</li> <li>• Aspirin and non-steroidal anti-inflammatory drugs (NSAIDS) like ibuprofen and aspirin</li> <li>• Other:</li> </ul>	<ul style="list-style-type: none"> <li>• Ant bite</li> <li>• Mosquito bite</li> <li>• Bee sting</li> <li>• Wasp sting</li> <li>• Yello jacket sting</li> <li>• Hornet sting</li> <li>• Spider bite</li> <li>• Others:</li> </ul>
<b>Notes:</b>	<b>Notes:</b>
<b>Other allergies</b>	
<ul style="list-style-type: none"> <li>• Cigarette smoke</li> <li>• Perfume</li> <li>• Diesel exhaust</li> <li>• Contact lenses</li> <li>• Contact lens solutions</li> <li>• Cosmetics</li> <li>• Latex</li> <li>• Others:</li> </ul>	<b>Notes:</b>
<b>Additional notes</b>	