

Alcohol Withdrawal Nursing Care Plan Template

Patient Information and Assessment			
Name:		Gender:	
Age:		Date of Admission:	
History of Alcohol Use:			
Previous Withdrawal Episodes and Stages - Last known dates and their stages			
Co-ingestions or Comorbidities:			
CIWA-Ar Score:			
Other Findings, Additional Notes, Differential Diagnosis (if any)			

Symptom Assessment		
Stage I – Hyperactivity:	Stage II – Hallucinations and Seizure Activity:	Stage III – Delirium Tremens (DTs), Confusion, Fever, and Anxiety:
<input type="checkbox"/> Tremors <input type="checkbox"/> Anxiety <input type="checkbox"/> Nausea <input type="checkbox"/> Headaches	<input type="checkbox"/> Agitation <input type="checkbox"/> Increased heart rate <input type="checkbox"/> High blood pressure <input type="checkbox"/> Visual, auditory, or tactile hallucinations <input type="checkbox"/> Tonic-clonic seizures	<input type="checkbox"/> Prolonged, vivid hallucinations <input type="checkbox"/> Severe agitation <input type="checkbox"/> Extreme confusion <input type="checkbox"/> High fever <input type="checkbox"/> Tachycardia <input type="checkbox"/> Hypertension

Interventions

- General intervention:
 - Regular monitoring of vital signs
 - Ensure a quiet and calm environment
 - Adequate hydration
 - Nutritional support
 - Regular documentation of symptom progression
- Monitoring Progress:
 - Regular assessment of symptom severity
 - Document any adverse reactions to medications
- Follow-up Plan:
 - Schedule follow-up assessments post-discharge
 - Collaborate with other healthcare providers for ongoing care

Stage-Specific Interventions

Stage I:

- Medications for anxiety and nausea as prescribed
- Provide emotional support and reassurance

Stage II:

- Seizure precautions
- Medications for seizure control as prescribed
- Monitor and manage hallucinations
- Continuous cardiac monitoring
- **Stage III (DTs):**
Immediate medical intervention
- Administer medications to control severe symptoms
- Continuous monitoring in an intensive care setting

Treatment Plan, Detoxification Method, Supportive Care

Medication, Dosage, and Administration Schedule

Medication	Time	Dosage	Administration Method

Additional notes:

Monitoring and Assessment

CIWA-Ar Monitoring Schedule:

Vital Signs Monitoring:

Neurological Assessment:

Complications and Contingency Plans**Seizure Prophylaxis:****Management of Delirium Tremens:****Referral to Specialist (if needed):****Care Team Notes****Discharge Planning****Medication Instructions (if applicable):****Abstinence Support Resources:****Follow-up Appointment Schedule:**