Alabama Parenting Questionnaire (APQ)

(Parent Form)

Child's Name:	
ID #:	
Parent completing form:	
☐ Mother	
☐ Father	
Other:	
Instructions: The following are a number of statements about you	ır family. Please rate each item as t

<u>Instructions</u>: The following are a number of statements about your family. Please rate each item as to how often it TYPICALLY occurs in your home. The possible answers are <u>Never</u> (1), <u>Almost Never</u> (2), <u>Sometimes</u> (3), <u>Often</u> (4), <u>Always</u> (5). PLEASE ANSWER ALL ITEMS.

	Never	Almost Never	Sometimes	Often	Always
1. You have a friendly talk with your child.	_ 1	_ 2	_ 3	_ 4	_ 5
2. You let your child know when he/she is doing a good job with something.	_ 1	_ 2	_ 3	_ 4	_ 5
3. You threaten to punish your child and then do not actually punish him/her.	_ 1	_ 2	_ 3	_ 4	_ 5
4. You volunteer to help with special activities that your child is involved in (such as sports, boy/girl scouts, church youth groups).	_ 1	_ 2	_ 3	_ 4	_ 5
5. You reward or give something extra to your child for obeying you or behaving well.	_ 1	_ 2	_ 3	_ 4	_ 5
6. Your child fails to leave a note or to let you know where he/she is going.	_ 1	_ 2	_ 3	_ 4	_ 5
7. You play games or do other fun things with your child.	_ 1	_ 2	_ 3	_ 4	_ 5
8. Your child talks you out of being punished after he/she has done something wrong.	_ 1	_ 2	_ 3	_ 4	_ 5

9. You ask your child about his/her day in school.	_ 1	_ 2	_ 3	_ 4	_ 5
10. Your child stays out in the evening past when he/she is supposed to be home.	_ 1	_ 2	_ 3	<u> </u>	_ 5
11. You help your child with his/her homework.	<u> </u>	_ 2	<u> </u>	<u> </u>	<u> </u>
12. You feel that getting your child to obey you is more trouble than it's worth.	_ 1	_ 2	_ 3	_ 4	_ 5
13. You compliment your child when he/she does something well.	_ 1	_ 2	_ 3	_ 4	_ 5
14. You ask your child about his/her plans for the coming day.	_ 1	_ 2	_ 3	_ 4	_ 5
15. You drive your child to a special activity.	<u> </u>	_ 2	_ 3	_ 4	_ 5
16. You praise your child if he/she behaves well.	_ 1	_ 2	_ 3	_ 4	_ 5
17. Your child is out with friends you do not know.	_ 1	_ 2	_ 3	_ 4	_ 5
18. You hug or kiss your child when he/she has done something well.	_ 1	_ 2	_ 3	_ 4	_ 5
19. Your child goes out without a set time to be home.	_ 1	_ 2	_ 3	_ 4	_ 5
20. You talk to your child about his/her friends.	<u> </u>	_ 2	_ 3	_ 4	_ 5
21. Your child is out after dark without an adult with him/her.	_ 1	_ 2	_ 3	_ 4	_ 5
22. You let your child out of a punishment early (like lift restrictions earlier than you originally said).	_ 1	_ 2	_ 3	_ 4	_ 5
23. Your child helps plan family activities.	_ 1	_ 2	_ 3	_ 4	_ 5

24. You get so busy that you forget where your child is and what he/she is doing.	_ 1	_ 2	_ 3	_ 4	_ 5
25. Your child is not punished when he/she has done something wrong.	_ 1	_ 2	_ 3	_ 4	_ 5
26. You attend PTA meetings, parent/teacher conferences, or other meetings at your child's school.	_ 1	_ 2	_ 3	<u> </u>	_ 5
27. You tell your child that you like it when he/she helps out around the house.	_ 1	_ 2	_ 3	_ 4	_ 5
28. You don't check that your child comes home at the time he/she was supposed to.	_ 1	_ 2	_ 3	_ 4	_ 5
29. You don't tell your child where you are going.	_ 1	_ 2	_ 3	_ 4	_ 5
30. Your child comes home from school more than an hour past the time you expect him/her.	_ 1	_ 2	_ 3	_ 4	_ 5
31. The punishment you give your child depends on your mood.	_ 1	_ 2	_ 3	_ 4	_ 5
32. Your child is at home without supervision.	<u> </u>	_ 2	_ 3	_ 4	_ 5
33. You spank your child with your hand when he/she has done something wrong.	_ 1	_ 2	_ 3	_ 4	_ 5
34. You ignore your child when he/she is misbehaving.	<u> </u>	_ 2	_ 3	_ 4	_ 5
35. You slap your child when he/she has done something wrong.	_ 1	_ 2	_ 3	_ 4	_ 5
36. You take away privileges or money from your child as a privilege.	_ 1	_ 2	_ 3	_ 4	_ 5

37. You send your child to his/her room as a punishment.	_ 1	_ 2	_ 3	_ 4	_ 5
38. You hit your child with a belt, switch, or other object when he/she has done something wrong.	_ 1	_ 2	_ 3	_ 4	_ 5
39. You yell or scream at your child when he/she has done something wrong.	_ 1	_ 2	_ 3	_ 4	_ 5
40. You calmly explain to your child why his/her behavior was wrong when he/she misbehaves.	<u> </u>	_ 2	_ 3	<u> </u>	_ 5
41. You use time out (make him/her sit or stand in a corner) as a punishment.	_ 1	_ 2	_ 3	_ 4	_ 5
42. You give your child extra chores as a punishment.	<u> </u>	_ 2	_ 3	_ 4	_ 5

Scoring for Parent Form:

- The items on the adult form are categorized into five subscales as follows:
- Involvement: 1, 4, 7, 9, 11, 14, 15, 20, 23, 26
- Positive Parenting: 2, 5, 13, 16, 18, 27
- Poor Monitoring/Supervision: 6, 10, 17, 19, 21, 24, 28, 29, 30, 32
- Inconsistent Discipline: 3, 8, 12, 22, 25, 31
- Corporal Punishment: 33, 35, 39
- · No reverse coding necessary.
- Sum all items in the scale to obtain a total scale score (you may subtract this score by the number of items in the subscale so that the score range begins at zero).
- Other Discipline Practices is not a scale, but provides information on an item by item basis. Numbers for these items are: 34, 36, 37, 39, 40, 41, 42

Alabama Parenting Questionnaire

(Child Form)

<u>Instructions</u>: The following are a number of statements about your family. Please rate each item as to how often it TYPICALLY occurs in your home. The possible answers are <u>Never</u> (1), <u>Almost Never</u> (2), <u>Sometimes</u> (3), <u>Often</u> (4), <u>Always</u> (5). PLEASE ANSWER ALL ITEMS.

	Never	Almost Never	Sometimes	Often	Always
1. You have a friendly talk with your mom.	<u> </u>	_ 2	3	<u> </u>	_ 5
A. How about your dad?	_ 1	_ 2	_ 3	□ 4	_ 5
2. Your parents tell you that you are doing a good job.	_ 1	_ 2	_ 3	_ 4	_ 5
3. Your parents threaten to punish you and then do not do it.	_ 1	_ 2	_ 3	_ 4	_ 5
4. Your mom helps with some of your special activities (such as sports, boy/girl scouts, church youth groups).	<u> </u>	_ 2	<u> </u>	_ 4	_ 5
A. How about your dad?	_ 1	_ 2	_ 3	<u> </u>	_ 5
5. Your parents reward or give something extra to you for behaving well.	_ 1	_ 2	_ 3	_ 4	_ 5
6. You fail to leave a note or let your parents know where you are going.	_ 1	_ 2	_ 3	_ 4	_ 5
7. You play games or do other fun things with your mom.	_ 1	_ 2	_ 3	_ 4	_ 5
A. How about your dad?	_ 1	_ 2	_ 3	_ 4	_ 5
8. You talk your parents out of punishing you after you have done something wrong.	_ 1	_ 2	_ 3	_ 4	_ 5

9. Your mom asks you about your day in school.	_ 1	_ 2	_ 3	_ 4	_ 5
A. How about your dad?	<u> </u>	□ 2	□ 3	<u> </u>	□ 5
10. You stay out in the evening past the time you are supposed to be at home.	_ 1	_ 2	□ 3	_ 4	_ 5
11. Your mom helps you with your homework.	<u> </u>	□ 2	□ 3	_ 4	□ 5
A. How about your dad?	<u> </u>	□ 2	□ 3	_ 4	<u> </u>
12. Your parents give up trying to get you to obey them because it's too much trouble.	_ 1	_ 2	_ 3	_ 4	_ 5
13. Your parents compliment you when you have done something well.	_ 1	□ 2	□ 3	<u> </u>	□ 5
14. Your mom asks you what your plans are for the coming day.	<u> </u>	□ 2	□ 3	_ 4	□ 5
A. How about your dad?	<u> </u>	□ 2	□ 3	_ 4	<u> </u>
15. Your mom drives you to a special activity.	<u> </u>	□ 2	□ 3	_ 4	<u> </u>
A. How about your dad?	<u> </u>	□ 2	□ 3	_ 4	<u> </u>
16. Your parents praise you for behaving well.	<u> </u>	□ 2	□ 3	_ 4	<u> </u>
17. Your parents do not know the friends you are well.	_ 1	_ 2	_ 3	_ 4	_ 5
18. Your parents hug or kiss you when you have done something well.	<u> </u>	<u> </u>	<u> </u>	_ 4	_ 5
19. You go out without a set time to be home.	_ 1	_ 2	_ 3	_ 4	_ 5

20. Your mom talks to you about your friends.	<u> </u>	□ 2	□ 3	_ 4	<u> </u>
A. How about your dad?	_ 1	□ 2	□ 3	<u> </u>	<u> </u>
21. You go out after dark without an adult with you.	<u> </u>	□ 2	□ 3	<u> </u>	<u> </u>
22. Your parents let you out of a punishment early (like lift restrictions earlier than they originally said).	_ 1	_ 2	_ 3	<u> </u>	_ 5
23. You help plan family activities.	_ 1	_ 2	□ 3	_ 4	_ 5
24. Your parents get so busy that they forget where you are and what you are doing.	<u> </u>	□ 2	□ 3	<u> </u>	_ 5
25. Your parents do not punish you when you have done something wrong.	_ 1	□ 2	□ 3	_ 4	_ 5
26. Your mom goes to a meeting at school, like PTA meeting or parent/teach conference.	_ 1	_ 2	_ 3	_ 4	_ 5
A. How about your dad?	_ 1	□ 2	□ 3	_ 4	<u> </u>
27. Your parents tell you that they like it when you help out around the house.	_ 1	□ 2	□ 3	_ 4	_ 5
28. You stay out later than you are supposed to and your parents don't know it.	_ 1	_ 2	_ 3	_ 4	_ 5
29. Your parents leave the house and don't tell you where they are going.	_ 1	□ 2	□ 3	_ 4	_ 5
30. You come home from school more than an hour past the time your parents expect you to be home.	<u> </u>	_ 2	□ 3	_ 4	_ 5

31. The punishment your parents give depend on their mood.	_ 1	_ 2	_ 3	<u> </u>	_ 5
32. You are at home without an adult being with you.	_ 1	_ 2	_ 3	_ 4	□ 5
33. Your parents spank you with their hand when you have done something wrong.	_ 1	_ 2	_ 3	_ 4	_ 5
34. Your parents ignore you when you are misbehaving.	_ 1	_ 2	_ 3	_ 4	_ 5
35. Your parents slap you when you have done something wrong.	_ 1	_ 2	_ 3	_ 4	_ 5
36. Your parents take away a privilege or money from you as a punishment.	_ 1	_ 2	_ 3	<u> </u>	_ 5
37. Your parents send you to your room as a punishment.	<u> </u>	_ 2	_ 3	_ 4	□ 5
38. Your parents hit you with a belt, switch, or other object when you have done something wrong.	<u> </u>	_ 2	□ 3	<u> </u>	_ 5
39. Your parents yell or scream at you when you have done something wrong.	_ 1	_ 2	_ 3	_ 4	_ 5
40. Your parents calmly explain to you why your behavior was wrong when you misbehave.	_ 1	_ 2	_ 3	_ 4	_ 5
41. Your parents use time out (makes you sit or stand in a corner) as a punishment.	_ 1	_ 2	_ 3	_ 4	_ 5
42. Your parents give you extra chores as a punishment.	<u> </u>	_ 2	_ 3	_ 4	□ 5

Scoring for Child Form:

- The items on the child form are categorized into five subscales that are reflective of the parent subscales:
- Involvement: 1, 4, 7, 9, 11, 14, 15, 20, 23, 26 (there are two parts to each of these questions—one for mother involvement and one for father involvement)
- Positive Parenting: 2, 5, 13, 16, 18, 27
- Poor Monitoring/Supervision: 6, 10, 17, 19, 21, 24, 28, 29, 30, 32
- Inconsistent Discipline: 3, 8, 12, 22, 25, 31
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