AKI Nursing Care Plan

Patient Information

- Full Name: Sarah Smith
- Date of Birth: 09 / 09 / 1970
- Gender: F
- Patient ID: /
- Contact Number: +00 000 0000
- Email Address: sarahsmith@email.com

Assessment

Assessment	Observations	Notes/Referral
Physical Signs	☑ Reduced urine output ☑ Swelling in hands, feet, or face ☑ Fatigue	Swelling in hands and face present - edema
Gastrointestinal Symptoms	☑ Nausea ☐ Vomiting ☑ Loss of appetite ☑ Abdominal pain	abdominal pain adressed and fluids encoraged. Nausea - medical intervention req,
Neurological Signs	☑ Confusion ☐ Altered mental status	Patient displays confusion, lessens when pain levels go down.
Cardiovascular Manifestations	☑ Elevated blood pressure ☑ Irregular heart rhythm ☐ Palpitations ☐ Signs of fluid overload	BP elevates and regular monitoring req.
Renal Factors	electrolyte imbalance present - potassium abnormal levels	chart for electrolyte therapy

Metabolic Effects	☐ Acidosis ☐ Protein catabolism	increased metabolic needs.
Secondary Issues	gastrointestinal issues impacting appitite and intake	

Interventions

Area of Management	Interventions / Rationale	Notes/Referral
Fluid Management	Monitor fluid intake and output. Regulate fluid balance to prevent complications like fluid overload or dehydration.	maintain kidney function
Electrolyte Management	Address abnormal potassium levels to support cellular function.	
Medication Management		medication review every 6 hrs. in line with kidney functioning
Nutritional Support	reduce workload of kidneys	Referral made to dietitian.
Vital Signs Monitoring	bp and heart rate regularly monitored.	education given around early detection of abnormalities

Education and Support	medication, diet and self-monitoring education given and reviewed to reduce further complications
Prevention of Complications	infection prevention and signs of fluid overload highlighted as preventative measures.

Physician's Notes and Recommendations

Physician's Signature: _____ **Date:** ____ / ____ / _____