

# Alberta Infant Motor Scale

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Name of Guardian/Parent: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Date of Assessment: \_\_\_\_\_






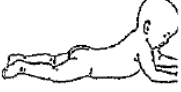



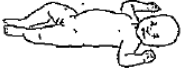






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	Previous items Credited	Items Credited in Windows	Subscale Score
Prone			
Supine			
Sit			
Stand			

Total Score:  Percentile:

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**Comments and Recommendations:**

<p><b>Prone</b></p>	<div style="display: flex; justify-content: space-between;"> <div style="width: 30%;"> <p>Prone Lying (1)</p>  <p>Physiological flexion Turns head to clear nose from surface</p> </div> <div style="width: 30%;"> <p>Prone Lying (2)</p>  <p>Lifts head asymmetrically to 45° Cannot maintain head in midline</p> </div> <div style="width: 30%;"> <p>Prone Prop</p>  <p>Elbows behind shoulders Unsustained head raising to 45°</p> </div> </div> <div style="display: flex; justify-content: space-between; margin-top: 20px;"> <div style="width: 30%;"> <p>Forearm Support (1)</p>  <p>Lifts and maintains head past 45° Elbows in line with shoulders Chest elevated</p> </div> <div style="width: 30%;"> <p>Prone Mobility</p>  <p>Head to 90° Uncontrolled weight shifts</p> </div> <div style="width: 30%;"> <p>Forearm Support (2)</p>  <p>Elbows in front of shoulder Active chin tuck with neck elongation</p> </div> </div>
<p><b>Supine</b></p>	<div style="display: flex; justify-content: space-between;"> <div style="width: 30%;"> <p>Supine Lying (1)</p>  <p>Physiological flexion Head rotation: mouth to hand Random arm and leg movements</p> </div> <div style="width: 30%;"> <p>Supine Lying (3)</p>  <p>Head in midline Moves arms but unable to bring hands to midline</p> </div> <div style="width: 30%;"> <p>Supine Lying (4)</p>  <p>Neck flexors active—chin tuck Brings hands to midline</p> </div> </div> <div style="display: flex; justify-content: space-between; margin-top: 20px;"> <div style="width: 30%;"> <p>Supine Lying (2)</p>  <p>Head rotation toward midline Nonobligatory ATNR</p> </div> <div style="width: 30%;"> <p>Hands to Knees</p>  <p>Chin tuck Reaches hands to knees Abdominals active</p> </div> </div>
<p><b>Sitting</b></p>	<div style="display: flex; justify-content: space-between;"> <div style="width: 30%;"> <p>Sitting With Support</p>  <p>Lifts and maintains head in midline briefly</p> </div> <div style="width: 30%;"> <p>Sitting With Propped Arms</p>  <p>Maintains head in midline Supports weight on arms briefly</p> </div> <div style="width: 30%;"> <p>Pull to Sit</p>  <p>Chin tuck: head in line or in front of body</p> </div> </div>
<p><b>Standing</b></p>	<div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <p>Supported Standing (1)</p>  <p>May have intermittent hip and knee flexion</p> </div> <div style="width: 45%;"> <p>Supported Standing (2)</p>  <p>Head in line with body Hips behind shoulders Variable movement of legs</p> </div> </div>

**Extended Arm Support**



Arms extended  
Chin tucked and chest elevated  
Lateral weight shift

**Rolling Prone to Supine Without Rotation**



Movement initiated by head  
Trunk moves as one unit

**Reaching from Forearm Support**



Active weight shift from one side  
Controlled reach with free arm

**Pivoting**



Pivots  
Movement in arms and legs  
Lateral trunk flexion

**Four-Point Kneeling (1)**



Legs flexed, abducted, and externally rotated  
Lumbar lordosis  
Maintains position

**Rolling Prone to Supine with Rotation**



Trunk rotation

**Swimming**



Active extensor pattern

**Hands to Feet**



Can maintain legs in mid-range  
Pelvic mobility present

**Active Extension**



Pushes into extension with legs

**Rolling Supine to Prone Without Rotation**



Lateral head righting  
Trunk moves as one unit

**Rolling Supine to Prone with Rotation**



Trunk rotation

**Unsustained Sitting**



Scapular adduction and humeral extension  
Cannot maintain position

**Sitting With Arm Support**



Thoracic spine extended  
Head movements free from trunk; propped on extended arms

**Unsustained Sitting Without Arm Support**



Cannot be left alone in sitting indefinitely

**Weight Shift in Unsustained Sitting**



Weight shift forward, backward, or sideways  
Cannot be left alone in sitting

**Sitting Without Arm Support (1)**



Arms move away from body  
Can play with a toy  
Can be left alone in sitting

**Reach With Rotation in Sitting**



Sits independently  
Reaches for toy with trunk rotation

**Supported Standing (3)**



Hips in line with shoulders  
Active control of trunk  
Variable movements of legs

pped Sidelying



ocation of legs under stability within body axis

Reciprocal Crawling



Reciprocal arm and leg movements with trunk rotation

Four-Point Kneeling to Sitting or Half-Sitting



Plays in and out of position May get to sitting

Reciprocal Creeping (1)



Legs abducted, and externally rotated Lumbar lordosis; weight shift side to side with lateral trunk flexion

Reaching from Extended Arm Support



Reaches with extended arm Trunk rotation

Four-Point Kneeling (2)



Hips aligned under pelvis Flattening of lumbar spine

Modified Four-Point Kneeling



Plays in position May move forward

Sitting to Prone



Moves out of sitting to achieve prone lying Arms with arms; legs inactive

Sitting to Four-Point Kneeling



Actively lifts pelvis, buttocks, and unweighted leg to assume four-point kneeling

Sitting Without Arm Support (2)



Position of legs varies Infant moves in and out of positions easily

Pulls to Stand With Support



Pushes down with arms and extends knees

Pulls to Stand/Stands



Pulls to stand: shifts weight from side to side

Supported Standing With Rotation



Rotation of trunk and pelvis

Cruising Without Rotation



Cruises sideways without rotation

Half-Kneeling



May assume standing or play in position

Controlled Lowering Through Standing



Controlled lowering from standing

Reciprocal Creeping (2)



Lumbar spine flat Moves with trunk rotation

Cruising With Rotation



Cruises with rotation

Stands Alone



Stands alone momentarily  
Balance reactions in feet

Early Stepping



Walks independently; moves quickly with short steps

Standing from Modified Squat



Moves from squat to standing with controlled flexion and extension of hips and knees

Standing from Quadruped Position



Pushes quickly with hands to get to standing

Walks Alone



Walks independently

Squat



Maintains position by balance reactions in feet and position of trunk