

ADL Assessment Scale

Patient name

ID

Date of birth

Date

Age

Bathing

- Independence (1 point)
- Dependence (0 points)

Dressing

- Independence (1 point)
- Dependence (0 points)

Toileting

- Independence (1 point)
- Dependence (0 points)

Transferring

- Independence (1 point)
- Dependence (0 points)

Continence

- Independence (1 point)
- Dependence (0 points)

Feed

- Independence (1 point)
- Dependence (0 points)

Total Score

Maximum score of 6

Lawton-Brody Instrumental Activities of Daily Living

Ability to use phone

- Independence (1 point)
- Dependence (0 points)

Shopping

- Independence (1 point)
- Dependence (0 points)

Food preparation

- Independence (1 point)
- Dependence (0 points)

Housekeeping

- Independence (1 point)
- Dependence (0 points)

Laundry

- Independence (1 point)
- Dependence (0 points)

Mode of transportation

- Independence (1 point)
- Dependence (0 points)

Medication management

- Independence (1 point)
- Dependence (0 points)

Ability to handle finances

- Independence (1 point)
- Dependence (0 points)

Total Points

Maximum points of 8

Notes

Practitioner Name