

# ADL Assessment Scale

Patient name

ID

Date of birth

Date

Age

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## Bathing

- Independence (1 point)
- Dependence (0 points)

## Dressing

- Independence (1 point)
- Dependence (0 points)

## Toileting

- Independence (1 point)
- Dependence (0 points)

## Transferring

- Independence (1 point)
- Dependence (0 points)

### **Continence**

- Independence (1 point)
- Dependence (0 points)

### **Feed**

- Independence (1 point)
- Dependence (0 points)

### **Total Score**

Maximum score of 6

## **Lawton-Brody Instrumental Activities of Daily Living**

### **Ability to use phone**

- Independence (1 point)
- Dependence (0 points)

### **Shopping**

- Independence (1 point)
- Dependence (0 points)

### **Food preparation**

- Independence (1 point)
- Dependence (0 points)

### **Housekeeping**

- Independence (1 point)
- Dependence (0 points)

### Laundry

- Independence (1 point)
- Dependence (0 points)

### Mode of transportation

- Independence (1 point)
- Dependence (0 points)

### Medication management

- Independence (1 point)
- Dependence (0 points)

### Ability to handle finances

- Independence (1 point)
- Dependence (0 points)

### Total Points

Maximum points of 8

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### Notes

### Practitioner Name